



MAY 2022 MENU

Suggested Donation: Congregate \$3.00 or Home Delivered \$3.25

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Oven Baked Chicken Sweet Potatoes Peas Strawberries Angel Food Cake	3 Meatloaf Mashed Potato Succotash Blushing Pears Whole Grain Roll	4 Bratwurst on Bun Sauerkraut Grilled Peppers Blushing Pears	5 Chicken & Noodles Tossed Salad w/tomatoes California Blend Cherry Crisp	6 Fish on Bun Broccoli Rice Casserole Baked Beans Orange
9 Smothered Grilled Chicken Breast Broccoli Carrots Jello w/pears Garlic Bread	10 Sloppy Joes on Bun Potato Wedge Calico Beans Pineapple	11 old Fashioned Beef Stew Cottage Cheese Cole Slaw Cinnamon Applesauce Corn Muffin	12 Baked Ham Hash Brown Casserole Peas Bananas Whole Grain Roll	13 Tater Tot Casserole Green Beans Stewed Tomatoes Peaches
16 Swiss Steak Au Gratin Potatoes Spinach Vanilla Pudding Whole Grain Bread	17 Ham & Beans Beet Cole Slaw Mandarin Oranges Corn Bread	18 Turkey Sweet Potatoes Green Beans Peaches Whole Grain Roll	19 Ball Park Frank Baked Potato Baked Beans Strawberries w/bananas	20 Lemon Pepper Tilapia Garlic Mashed Potatoes Honey Creamed Carrot Tropical Fruit
23 Polish Sausage Sauerkraut Mashed Potatoes Pumpkin Mousse Whole Grain Bread	24 Lasagna Tossed Salad w/tomatoes Broccoli Warm Apple Crisp Garlic Bread Stick	25 Pork Loin w/glaze Twice Baked Potato Broccoli Salad Pineapple Upside Down Cake Hawaiian Roll Older Americans Day	26 Italian Beef on Hoagie Bun Parsley Potatoes California Blend Veggies Chilled Peaches	27 Herbed Baked Chicken Baby Baker Potatoes Green Beans Apricots Black Brown Brownie
30 Closed Memorial Day	31 Beef Pepper Steak Over Rice Stewed Tomatoes Warm Peach Crisp			FINAL

Milk, Bread & Margarine are served with all meals where not listed. Substitutes will only be made in emergencies!

CALL THE DAY BEFORE TO RESERVE A MEAL

Effingham 217/347-2851; Dieterich 217/925-5461; Altamont 618/483-6912; Beecher City 618/487-5401

Flora 618/662-6741 Vandalia 618/283-1040 Ramsey 618/237-0251

Pana 217/562-5611 Taylorville 217/287-7268 Kincaid 217/237-4328

