

Friends
Food
Fellowship



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July 2024 MENU
Suggested Donation \$4.25/Meal

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Oven Baked Chicken Parsley Potatoes PeaS Whole Grain Bread Watermelon	2 Chef Salad Turkey, Ham, Egg Lettuce, Tomato, Cucumber ,Carrots, Shredded Cheese Salad Dressing Mandarin Oranges Club Crackers	3 Hamburger on Bun Romaine Lettuce, Tomato, Onion, Pickles Potato Salad 3 Bean Salad Strawberries		5 Turkey & Dressing Mashed Potatoes Mixed Vegetables Banana Whole Grain Roll
8 Turkey Burger on Bun Glazed Carrots Green Beans Fruit Cocktail	9 Ham Hash Brown Casserole Succotash 5 Cup Salad Whole Grain Roll	10 Beef N Noodles Brussels Sprouts Corn Apricots Whole Grain Bread	11 Pork Roast Baked Sweet Potatoes Brussels Sprouts Apple Sauce Whole Grain Roll	12 Chicken Salad on Wheat Bread Asian Cole Slaw Waldorf Salad Strawberries
15 Sweet & Sour Chicken w/Pineapple over Rice Steamed Broccoli Jell-O w/Fruit Cocktail	16 Cheese Omelet Sausage Patty Hash Browns Hot Herbed Tomatoes Cantaloupe Cinnamon Roll	17 Grilled Pork Tenderloin on Whole Grain Bun Roasted Red Potatoes Green Beans Melon Medley	18 Taco Salad w/tortilla chips Meat & Refried Beans Lettuce, Tomato, Onions Shredded Cheese Salsa Apple	19 Grilled Chicken Breast Broccoli Rice & Cheese Carrots Strawberries Whole Grain Bread
22 Bratwurst on Bun Sauerkraut Grilled Potatoes Blushing Pears	23 Meatloaf Scalloped Potatoes Butter Beans Melon Medley Whole Grain Bread	24 Pork Roast Baked Sweet Potatoes Brussels Sprouts Apple Sauce Whole Grain Roll	25 BBQ Baked Chicken Baked Potato Broccoli w/cheese Chilled Peaches Peanut Butter Cookie	26 Tuna Salad Sandwich On Wheat Bread Potato Salad Lettuce Leaf w/tomato Watermelon
29 Ball Park Frank on Bun Macaroni & Cheese California Blend Cole Slaw Banana	30 Spaghetti w/meat sauce Carrots & Peas Tossed Salad w/tomatoes(fc) Salad Dressing Baked Apples Garlic Bread	31 Fish on Bun Cauliflower w/cheese Baked Beans Cantaloupe		Milk, Bread, and Margarine are served with every meal. Substitutes will only be made in emergencies.

CALL THE DAY BEFORE NOON TO RESERVE A MEAL

Litchfield: 217/324-3032

Hillsboro: 217/532-3662

Morrisonville: 217/526-3621

