

**C.E.F.S.
HEAD START 0-5 PROGRAM**

**COUNTY
RESOURCE
DIRECTORY**

*Christian, Clay, Effingham,
Fayette, Montgomery, Moultrie
& Shelby Counties*



2025-2026



Dear Parent/Guardian,

The C.E.F.S. Head Start 0-5 Program County Resource Directory

provides a listing of available dental, health, education and social service agencies within the seven-county service area that the program services.

If you cannot locate a particular resource or service you need, or if you need additional help, contact your child's Head Start teacher, parent educator, or family advocate for assistance.

Patti Stuckemeyer
C.E.F.S. Head Start 0-5 Program Director

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HOW TO USE THE RESOURCE DIRECTORY

1. Decide what kind of services your family needs or about which you desire information.
2. Agencies, addresses, phone numbers, hours of operation, and services provided are listed. When in need of a service we suggest you call the agency to see if they have a particular service and request information on obtaining the required service.

3. Tips for calling agencies:

A. Decide what you need before you call. Repeat this need in simple sentences as often as you have to; even if you get connected to several different workers (many agencies have complex phone systems).

For instance, if you need help on utility bills, say “I need to talk to someone who can tell me how to get help to pay my gas bill” until you get someone who can help you.

B. Call the agencies during normal business hours. Avoid calling from 12:00 noon to 1:00 pm as this is the lunch hour for most businesses. On evenings and weekends, try the agency’s 24-hour hotline for emergency services.

C. Ask how to obtain the service. Do you have to come to a certain place at a certain time? Do you have to provide proof of anything (for example, income, age, etc.)? Do you have to fill out an application? Do you get help right away or is there a waiting period? Agencies and agency services have different eligibility requirements so be sure to check.

D. Ask how much the service cost. Are the services provided free or is there a sliding scale so that low-income clients pay lower costs?

E. If the agency does not have a particular service. Ask the worker if he/she knows where else you can call for help.

F. If you cannot get a particular service you need, or if you need additional information about using the County Resource Directory, contact your child’s Head Start teacher, parent educator, or family advocate for assistance.

IL DEPT. OF HUMAN SERVICES COMMUNITY HEALTH & PREVENTION HELPLINE

100 South Grand Avenue East, Springfield, IL 62762

Phone: (800) 843-6154

Website: <http://www.dhs.state.il.us>

Hours: 8:30-5 M-F

Services: The Illinois Department of Human Services Community Health and Prevention Helpline strive to connect all Illinois residents with whatever services they may need. Information is provided for the following programs:

Adoption	Health Insurance (Family Care)
AIDS	Hospitals
Child Abuse	Housing
Child Care	Immunizations
Child Health	I & Rs-Local & Regional
Child Health Insurance	Lead Poisoning
Child Safety	Legal Services
Child Support	Literacy
Children-Chronic Diseases	Maternity Home/School
Community & Youth	Mental Health
Delinquency Prevention	Parents Care & Share
Dental	Parenting Education/Support
Developmental Delay	Pregnancy
Diabetes	Prenatal Care
Disabilities	Referrals to IL Dept. of Public Health
Disease	Self Help
Domestic Violence	Senior Services
Early Childhood	Sexual Assault
Early Intervention	Sexuality
Education	Sexually Transmitted Diseases
Emergency Services	Shelters
Employment	Special Education
Family Case Management	State Agencies-Other
Family Planning	Substance Abuse
Financial Assistance	Teen Services
Food Supplement-WIC	Toll Free Telephone Numbers
Food Supplement-MAC	WIC Complaint & Vendor
Head Start	Women's Health
Health B Comprehensive	Volunteerism

USEFUL TOLL-FREE TELEPHONE NUMBERS

Aids/HIV Hotline

Phone: (800) 243-2437 (800) 782-0423 (TTY/TDD)

All Kids Healthcare Insurance

Phone: (866) 255-5437 (877) 204-1012 (TTY)

Attorney General Consumer Protection

Phone: (800) 243-0618 (877) 844-5461 (TTY)
(866) 310-8398 Linea Gratuita en Español

Cancer Information Service

Phone: (800) 422-6237

Child Abuse & Neglect Hotline

Phone: (800) 252-2873 (24 hours) (800) 358-5117 (TDD)

Child Support Help Line Phone: (800) 447-4278

Dentist Referral Service Phone: (800) 917-6453

Family Matters Parent Training and Information Center Phone: 866-436-7842

Foster Parent Hotline Phone: (800) 624-5437

IL Lawyer Finder Phone: (800) 922-8757

Land Of Lincoln Legal Aide (ISP) Phone: (800) 252-8629

IL State Police Clearinghouse For Missing & Exploited Children Manager

Phone: (800) 843-5763

National Center For Missing & Exploited Children Phone: (800) 843-5678

National Domestic Violence Hotline Phone: (800) 799-7233
or (800) 787-3224 (TTY)

Poison Center Phone: (800) 222-1222

National Human Trafficking Hotline 24 hour confidential hotline: 888-373-7888

POLICE TELEPHONE NUMBERS

Assumption, IL—Christian County	Phone: 217-226-3742
Effingham, IL—Effingham County	Phone: 217-347-0774
Flora, IL—Clay County	Phone: 618-662-9111
Hillsboro, IL—Montgomery County	Phone: 217-532-6120
Litchfield, IL—Montgomery County	Phone: 217-324-5991
Moweaqua, IL—Shelby & Christian Counties	Phone: 217-768-2160 / 217-768-3939
Pana, IL 62557—Christian County	Phone: 217-562-2141
Shelbyville, IL 62565—Shelby County	Phone: 217-774-2141
Taylorville, IL 62568—Christian County	Phone: 217-824-4961
Taylorville, IL 62568—Taylorville Police	Phone: 217-824-2211
Vandalia, IL 62471—Fayette County	Phone: 618-283-2131 / 618-283-0556

SHERIFF TELEPHONE NUMBERS

Taylorville, IL 62568—Christian County	Phone: 217-824-4961
Louisville, IL 62858—Clay County	Phone: 618-665-3316
Effingham, IL 62401—Effingham County	Phone: 217-342-2101
Vandalia, IL 62471—Fayette County	Phone: 618-283-0556
Hillsboro, IL 62409—Montgomery County	Phone: 217-532-9511
Sullivan, IL 61951—Moultrie County	Phone: 217-728-4386
Shelbyville, IL 62565—Shelby County	Phone: 217-774-3941

C.E.F.S. OUTREACH OFFICES

CLAY COUNTY

832 B West North Avenue
Flora, IL 62839
Phone: 618-662-4024
Hours: 8:30-4:30 M-F

CHRISTIAN COUNTY

220 West Franklin St
Taylorville, IL 62568
Phone: 217-824-4712

Hours: 8:30-4:30 M-F

EFFINGHAM COUNTY

1010 W. Jefferson St.
Effingham, IL 62401
Phone: 217-347-7514
Hours: 8:30-4:30 M-F

FAYETTE COUNTY

517 West Gallatin
Vandalia, IL 62471
Phone: 618-283-2631
Hours: 8:30-4:30 M-F

MOULTRIE COUNTY

114 East Harrison
Sullivan, IL 61951
Phone: 217-728-7721

Hours: 8:30-4:30 M-F

MONTGOMERY COUNTY

8353 South Illinois Route 127
Taylor Springs, IL 62089
Phone: 217-532-5971
Hours: 8:30-4:30 M-F

SHELBY COUNTY

515 North Cedar
Shelbyville, IL 62565
Phone: 217-774-4541
Hours: 8:30-4:30 M-F

Services: Major programs offered directly by the C.E.F.S. outreach offices are weatherization, energy assistance, homeless assistance, head start, tax and insurance assistance, emergency food and shelter, budget counseling, and housing counseling. If the outreach staff cannot assist directly, a referral will be made to other programs and providers.

COUNTY/TOWN INFORMATION

CHRISTIAN COUNTY

Assumption, Bulpitt, Edinburg, Harvel, Jerseyville, Kincaid, Langleyville, Morrisonville, Mount Auburn, Moweaqua, Owaneco, Palmer, Pana, Stonington, Taylorville, Tovey

CLAY COUNTY

Bible Grove, Clay City, Flora, Iola, Louisville, Sailor Springs, Xenia

EFFINGHAM COUNTY

Altamont, Beecher City, Dieterich, Edgewood, Effingham, Mason, Montrose, Shumway, Teutopolis, Watson

FAYETTE COUNTY

Bingham, Brownstown, Farina, Ramsey, St. Elmo, St. Peter, Vandalia

MONTGOMERY COUNTY

Butler, Coalton, Coffeen, Donnellson, Farmersville, Fillmore, Harvel, Hillsboro, Irving, Litchfield, Nokomis, Ohlman, Panama, Raymond, Schram City, Taylor Springs, Waggoner, Walshville, Wenonah, Witt

MOULTRIE COUNTY

Allenville, Arthur, Bethany, Dalton City, Gays, Lovington, Sullivan

SHELBY COUNTY

Ash Grove, Cowden, Findlay, Herrick, Moweaqua, Oconee, Shelbyville, Sigel, Stewardson, Strasburg, Tower Hill, Westervelt, Windsor

DENTAL OFFICES

ALTAMONT

Sehy, Christopher Dr.

1 South 3rd Street
Altamont, IL 62411
618-483-6003—Phone
618-483-6180—Fax

ALTON

Southern Illinois University Clinic

1700 Annex St.
Alton, IL 62002
888-328-5168 ext. #7000
Medical Card: Yes

BELLEVILLE

Associated Ped. Dentistry

3540 N. Belt West, Ste E
Belleville, IL 62226
618-233-8667
618-288-5437 (Glen Carbon)
618-622-0212 (O'Fallon)

CARBONDALE

Shawnee Health Service

402 S. Lewis Lane
Carbondale, IL 62901
618-519-9200
Medical Card: Yes

CARLINVILLE

Morgan Street Clinic
1115 Morgan St.
Carlinville, IL 217-854-3692

CHARLESTON

Mycharlestondentist.com

826 West Lincoln
Charleston, IL 61920
217-345-5250
Medical Card: No
\$1 emergency exam

CHARLESTON *(cont.)*

SIHF Dental – Charleston
626 W. Lincoln Ave.
Charleston, IL 61920
217-345-7702
Medical Card: Yes

CHICAGO

Southwest Pediatric Dental

10759 Winterset Dr.
Orland Park, IL 60467
Sedation Surgery: 1-708-580-0404
Medical Card: Yes

DECATUR

Central Illinois Smiles

3250 N Woodford St.
Decatur, IL 62526
Phone: 217-615-4612
Medical Card: No
Hours: 8-4 T & Th

Familia Dental

141 East Pershing Road
Decatur, IL 62526
217-877-6559—Phone
217-791-5747—Fax
Medical Card: Yes

EAST ST. LOUIS

SIUE School of Dental

Medicine

SIUE East St. Louis Center
601 James R. Thompson Dr.
Suite 2015
East St. Louis, IL 62201
618-482-6980—Phone
618-482-6918—Fax
Medical Card: Yes

DENTAL OFFICES

EFFINGHAM

Campos Family Dental

508 W. Jefferson Ave.
Effingham, IL 62401
Phone: 217-250-2444
Medical Card: No

Effingham Dental Group

700 North Keller Drive
Effingham, IL 62401
217-347-0588
Medical Card: No

EFFINGHAM *(cont.)*

Heartland Family Dental Care

1379 North Outer Belt W
Effingham, IL 62401
217-540-5000—Phone
217-540-5801—Fax

SIHF Healthcare

900 West Temple Avenue
Ste. 208 Building A
Effingham, IL 62401
217-342-0211—Phone
217-342-0232—Fax
Hours: 8-5 M-F
Medical Card: 20 years and under only

Stevenson, Jeff Dr.

310 West Jefferson
Effingham, IL 62401
217-342-3850—Phone

Teutopolis Family Dental

206 N. Pearl St.
Teutopolis, IL
217-857-3201—Phone

Willenborg, Stephen Dr.

610 North Keller Drive
Effingham, IL 62401
217-347-7021
Medical Card: No

GILLESPIE

Macoupin County Maple

Street Dental Clinic

109 East Maple Street
Gillespie, IL 62033
217-839-4110—Phone
217-839-4105—Fax
Medical Card: Yes

GREENVILLE

Bond County Health Dept.

Dental Clinic

1520 South 4th Street
Greenville, IL 62246
Phone: 618-664-1442 x152
8:30-4 M-F
Medical Card: Yes

HILLSBORO

Hart, Kai Dr.

212 East Summer Street
Hillsboro, IL 62049
Phone: 217-532-3333
Fax: 217-532-6567
Hours: 7:30am-3pm M-Th
Medical Card: 18 years
And younger residing in Montgomery County

LITCHFIELD

Litchfield Dental

Professionals

318 N. Madison St..
Litchfield, IL 62056
Phone: 217-303-8787
Medical Card: No

Litchfield Family Dentistry

620 West Union
Litchfield, IL 62056
Phone: 217-324-3431
Medical Card: No

Columbian Blvd. Dental Clinic

125 W. Columbian Blvd S.
Litchfield, IL 62056
Phone: 217-250-2360

DENTAL OFFICES

MATTOON

Lake Land College-Dental

5001 Lake Land Blvd.
Mattoon, IL 61938
Phone: 217-234-5249
Toll Free: 800-252-4121
Cash only: \$15 child, \$20 adult

Sarah Bush-Lincoln Dental

225 Richmond Avenue East
Ste. B
Mattoon, IL 61938
Phone: 217-235-0800
Fax: 217-235-0801
Medical Card: Yes, all plans

MT. VERNON

Associated Pediatric Dentistry

4218 Lineolnshire Dr.
Mt. Vernon, IL 62864
618-899-9800
Medical Card: No

MACOUPIN COUNTY

Macoupin County Health Dept.

Morgan Street Clinic
1115 Morgan St.
Carlinville, IL 62626
217-854-3692
Medical Card: Yes

MOWEAQUA

Moweaqua Dental Office

130 E. Main St.
Moweaqua, IL 62550
Phone: 217-768-3898
Medical Card: No

PANA

Pana Family Dental

128 South Locust Street
Phone: Pana, IL 62557
217-562-3330
Fax: 217-562-3340
Medical Card: Existing patients only

PARIS

Edgar County Public Health Dept. and Dental Clinic

502 Shaw Avenue
Paris, IL 61944
Phone: 217-465-2212
Medical Card: Yes

SHELBYVILLE

Brown Dental Care

101 West North 1st Street
Shelbyville, IL 62565
Phone: 217-774-4221
Fax: 217-774-5221
Medical Card: No

Hastings Dental Clinic

101 South Vine Street Ste.2
Shelbyville, IL 62565
Phone: 217-774-2822
Fax: 217-774-3906
Hours: Tues. & Thurs. 8am – 5pm
Medical Card: No

SPRINGFIELD

Familia Dental

802 North 9th Street
Springfield, IL 62702
Phone: 217-679-2896
Toll Free: 888-988-4066
Medical Card: Yes

Central Counties Health Centers

2239 East Cook Street
Springfield, IL 62703
Phone: 217-788-2300
Medical Card: Yes and
sliding scale for those without insurance

Dr. Casie N. Burk Jones, DMD

5220 S. 6th St., Springfield, IL 62703
Phone: 217-588-7640

DENTAL OFFICES

SPRINGFIELD (cont.)

Optim Dental

2633 Chatham Rd, Suite B
Springfield, IL 62704
Phone: 217-971-3432
Fax: 217-971-3462
Medical Card: Yes

Maddox Dentistry

1100 Rickard Rd
Springfield, IL 62704
Phone: 217-546-4738
Medical Card: If referred by Central Counties
Health Center

SULLIVAN

Sullivan Dental Clinic

6 Hawthorne Lane
Sullivan, IL 61951
Phone: 217-728-8711
Fax: 217-728-4262
Medical Card: No

TAYLORVILLE

Dr. Paul, (Pladziewicz)

The Dentist

118 South Main Street
Taylorville, IL 62568
217-824-7285—Phone 847-954-2630—Fax
8-4 Th-Sat. Sun. 8-12
Medical Card: Yes

Haarman, Greg Dr.

Central Illinois Smiles

400 West Main Cross Street, Ste. 208
Taylorville, IL 62568
217-824-8232
Medical Card: No
Hours: 8-5 M-Th (closed Fridays)

Mid Illinois Dental Assoc.

101 South Cherokee Street
Taylorville, IL 62568
217-824-2201
Medical Card: No

Taylorville Dental

929 West Spresser Street
Taylorville, IL 62568

217-287-7969

Medical Card: No

TUSCOLA

Douglas County Dental and Health Clinic

1250 East US Hwy. 36
Tuscola, IL 61953
217-253-4137—Phone
217-253-3421—Fax
Hours: 8-4:45 M-F
Medical Card: Yes

VANDALIA

MidAmerica Center for Dental Wellness & Aesthetics P.C.

607 West Orchard Street
Vandalia, IL 62471
618-283-2929—Phone
618-283-2113—Fax
Medical Card: No
No new patients

Dynamic Dental

2102 West Randolph Street
Vandalia, IL 62471
618-283-4900
Medical Card: No

Vandalia Dental—Dr. Jay Lowry

2219 West Randolph Street
Vandalia, IL 62471
618-283-1760
Medical Card: No

VILLA GROVE

Jones, Phillip Dr.

1 South Main Street
Villa Grove, IL 61956
217-832-7011
Medical Card: 18 and under.

DENTAL OFFICES

INDIANA

EVANSVILLE, IN

Pippin Dental

400 East Diamond Avenue
Evansville, IN 47711
812-901-6769
Medical Card: Yes

INDIANAPOLIS, IN

Indiana University School of Dentistry

1121 West Michigan Street
Indianapolis, IN 46202
317-274-7433—Phone
(Adult Patients)
Medical Card: Yes

TERRE HAUTE, IN

Pippin Dental

1800 Fort Harrison Rd
Terre Haute, IN 47804
812-645-4266—Phone
812-466-4263—Fax

Wabash Valley Children's Dentistry

440 E. Hospital Lane
Terre Haute, IN 47802
812-234-5437

EDUCATION

CHAMPAIGN

Parkland College

2400 West Bradley Avenue
Champaign, IL 61821
Phone: 217-351-2200
www.parkland.edu

CHARLESTON

Eastern Illinois University

600 Lincoln Avenue
Charleston, IL 61920
Phone: 217-581-5000
www.eiu.edu
Phone: 217-875-7200
www.richland.edu

COFFEEN

First Steps Birth to 3 Program

200 School St.
Coffeen, IL 62017
217-532-7822
Hillsboroschools.net/domain/11

DECATUR

Richland Community College

1 College Park
Decatur, IL 62521

EFFINGHAM

C.E.F.S. Literacy Program Learning & Resource Center

1010 West Jefferson St., Effingham, IL 62401
Phone: 217-347-7033
Email: swilson2@cefseoc.org

Early morning & evening appointments available

Services: Teaching adults to read or increase basic skills. Reading comprehension, job development skills, pre-GED studies, English as a second language, ASVAB, driver testing and computer skills.

EDUCATION

EFFINGHAM (cont.)

C.E.F.S. Workforce Innovation and Opportunity Act

2311 Hoffman Drive, Effingham, IL 62401

Phone: 217-342-4382 TTY: 800-526-0844

Services: Preliminary assessments of skill levels, aptitudes, abilities, and support service needs. Help filing claims for unemployment insurance, evaluate eligibility for job training, education programs, and student financial aid. Job search and placement assistance, career counseling, up-to-date labor market information, job vacancies, required skills necessary for in-demand jobs, and information about local, regional, and national employment trends. Comprehensive assessments, development of individual employment plans, group and individual counseling, case management, and short-term prevocational services are also available.

Child and Family Connections

1901 South 4th Street, Ste. 209, Effingham, IL 62401

Phone: 217-318-3512 (Leasa) 866-436-7842 (Family Matters)

Fax: 217-705-4301 217-318-3516 (Fax)

Services: Serves 11 counties. Referrals only/intakes for services. Infant stimulation program for developmentally-delayed birth to three year-olds, providing an individual program plan and home visits. Early Intervention.

Family Matters: Parent training and information on parenting.

Lake Land College-Kluthe Center

1204 Network Center Drive, Effingham, IL 62401

Phone: 217-540-3555

Services: Registration, college classes, English as a second language. GED classes also available.

FAIRFIELD

Frontier Community College

2 Frontier Drive, Fairfield, IL 62837

Phone: 618-842-3711

www.iecc.edu/fcc

HILLSBORO

Learning Express Program—ROE # 3

203 South Main Street, Hillsboro, IL 62049

Phone: 217-532-9605 Fax: 217-532-5756

Services: Birth to three prevention initiative, parents as teachers, certified parent educators, information on stages of growth, health, and safety and activities to do together, support services, developmental screenings and baby talk.

LITCHFIELD

Staff Quick Employment Agency

102 East Columbian Blvd. N, Unit B, Litchfield, IL 62056

Phone: 217-324-5700 Fax: 217-324-5770

Hours: 8-5 M-F

Services: Job search and assistance for youth, adults, and dislocated workers. Skill level assessment. Eligibility evaluation for assistance and classroom training.

EDUCATION

LITCHFIELD (cont.)

Lincoln Land Community College

#1 Lincoln Land Drive, Litchfield, IL 62056

Phone: 217-786-3401 800-858-9193

Hours: 8-6 M-Th. 8-5 F (*closed Friday during summer session*)

Services: Advising, adult basic education classes, assessment testing (reading, writing and math). Book buy back services, bookstore, bursar (cashier for LLCC tuition and fees). Certified nursing assistant training program, computer systems and business applications certificate program, community education classes. Financial aid/scholarship assistance, GED preparation courses, library services, transfer degree courses. Tutoring including writing and math labs only at main campus. Vocational and technical program courses. Conference facility space available.

ProLogistix

725 McKinley Ave., Litchfield, IL 62056

217-463-1900

Hours: 8-5 M-F

LOUISVILLE

Dawngola's Academy of Cosmetology

1225 1st Street, Louisville, IL 62858

Phone: 618-354-6860

Hours: 9-5 M-Th

MATTOON

C.E.F.S. WIOA Coles County Workforce Center

915 Lake Land Blvd

Mattoon, IL 61838

217-279-0371

Services: Guidance with job readiness, job search, work based learning, and classroom training needed to secure and retain employment and become self-sufficient. Adult, youth, and dislocated worker programs.

Lake Land College

5001 Lake Land Blvd., Mattoon, IL 61938

Phone: 217-234-5253 800-252-4121

Services: Offers registration, classes, course materials, day, evening, internet and distant learning classes. Non-credit and GED classes also available.

Lakeland College Workforce Development Center

305 Richmond Avenue East, Mattoon, IL 61938

Phone: 217-235-2222 Ext. 8212, 8213, 8282, 8285

Hours: 8:30-4:30 M-F

Services: Preliminary assessments of skill levels, aptitudes, abilities, & support service needs. Help filing claims for unemployment insurance, evaluate eligibility for job training, education programs, and student financial aid. Job search and placement assistance, career counseling, up-to-date labor market information, job vacancies, required skills necessary for in-demand jobs, and information about local, regional, and national employment trends. Comprehensive assessments, development of individual employment plans, group and individual counseling, case management, and short-term prevocational services are also available.

EDUCATION

OLNEY

C.E.F.S. Workforce Innovation and Opportunity Act -

Olney Central College

305 North West Street, Room 208A, Olney, IL 62450

Phone: 618-392-7777 (*Alexis*)

Fax: 618-395-1261

Olney Cosmetology School

320 E North Ave, Noble, IL 62868

Phone: 618-395-1169

www.iecc.edu/occ/cosmo

PANA

Lake Land College-Western Region Center

600 East First Street, Pana, IL 62557

Phone: 217-234-5096

Services: GED classes, registration, general education transfer classes, technical classes, non-credit classes, and computer usage in community resource area. Test proctoring for Lakeland College.

SHELBYVILLE

The Job Center

515 North Cedar, Shelbyville, IL 62565

Phone: 217-774-5550 Fax: 217-774-4471

Hours: 8-4:30, M-F (*closed 12-1*)

Services: Job readiness-resumes, interviews, computer programs to promote typing skills; resources for job listings, summer youth work programs, and other various programs.

SPRINGFIELD

Lincoln Land Community College-Adult Education Program

5250 Shepherd Road, Springfield, IL 62703

Main campus - Millennium Center

Phone: 217-786-2349

Services: Adult basic education, GED Prep, English as a second language, literacy tutoring, and basic math skills.

The Parent Place

314 South Grand Avenue West, Springfield, IL 62704

Phone: 217-753-8730

Hours: 8:30-5 M-Th. 8:30-12 F

Services: Child abuse prevention and parenting education.

Eligibility: Based on a sliding scale.

EDUCATION

TAYLORVILLE

Lincoln Land Community College-Eastern Region Education Center

800 South Spresser Street, Taylorville, IL 62568

Phone: 217-786-2754 800-572-5448 Fax: 217-786-4975

Hours: 8-5

Services: Advising, assessment testing, book buy back services, bookstore, CAN training program, construction, occupation applied science program, criminal justice courses, developmental math, English, and reading courses, financial aid/scholarship assistance, higher education training (HEAT), law enforcement transfer degree courses, welding operator certificate program.

Learning Express Program—ROE #3

210 S. Webster, Taylorville, IL 62568

Phone: 217-824-4730 Fax: 217-824-2464

Services: Birth to three prevention initiative, parents as teachers, certified parent educators, information on stages of growth, health, safety, and activities to do together, support services, development screening and baby talk.

VANDALIA

C.E.F.S. Workforce Innovation and Opportunity Act

517 West Gallatin, Vandalia, IL 62471

Phone: 618-283-2631 Fax: 618-283-2780

Hours: 8:30-4:30 M-F

Services: Preliminary assessments of skill levels, aptitudes, abilities, and support service needs. Help with resume writing, evaluate eligibility for job training, education programs and student financial aid. Job search and placement assistance, career counseling, up-to-date labor market information, job vacancies, required skills necessary for in-demand jobs, and information about local, regional, and national employment trends. Comprehensive assessments, development of individual employment plans, group and individual counseling, case management, and short-term prevocational services are also available.

Kaskaskia College-Vandalia Center

2310 West Fillmore, Vandalia, IL 62471

Phone: 618-545-3445

Services: College classes, registration, books for classes. Provides nearly all the same services as the campus in Centralia.

Vandalia Office ROE #3

1500 W. Jefferson, Vandalia, IL 62471

Phone: 618-283-5011

FOOD PANTRIES

ALTAMONT

First United Methodist Church

308 North 2nd Street, Altamont, IL 62411

Phone: 618-483-6036

Hours: (Food Pantry) 1-3 T & Th (Office) 9-12 & 1-3 M, T, Th 9-12 W

St. Paul Evangelical Lutheran Church

2293 East U.S. Hwy 40, Altamont, IL 62411

Phone: 618-483-5249

Hours: 2nd Saturday of the month 9-10 AM

Drive through only

ASSUMPTION

Assumption Ministerial Association

104 Business Rte. 51, Assumption, IL 62510

Phone: 217-226-4209

Hours: 9-11 Sat.

Services: Emergency food boxes. May receive a 2-week supply, will deliver three times a year.

Eligibility: Anyone in Bond Elementary School District.

Assumption Food Pantry: Tasusah Outreach

104 Business Rt 51

Assumption, IL 62510

Phone: 217-226-4209

Hours: 8:30-5 M, W, F 8:30-7 T, Th

BETHANY

Bethany Ministerial Alliance Food Pantry – Food Distribution Center

214 S. St. John St.

Bethany, IL 61914

Phone 217-217-665-3045

Eligibility: Bethany Residents only

BLUE MOUND

Inter-Church Council Food Pantry & Clothing Room

100 East Lincoln, Blue Mound, IL 62513

Phone: 217-820-3988

Hours: 8-10:10 Sat.

Services: Items which have been donated, purchased at store or central Illinois food bank, or received through USDA soup kitchen foods, are given each week. Bibles and some clothes are also available.

Eligibility: Reside in former Blue Mound, Boody or Stonington school districts.

FOOD PANTRIES

COFFEEN

Coffeen Food Pantry

210 Barry St., Coffeen, IL 62017

Phone: 217-534-2222

Hours: 8-11 3rd Tues. and following Saturday

EDINBURG

Edinburg Ministerial Association

Grace Memorial Church, 108 East Douglas St.

Edinburg, IL 62531

Phone: 217-623-4014

Hours: 10-11 Sat.

Services: Provides emergency food assistance (*gives about a weeks worth of food*)

Eligibility: Reside in Edinburg or nearby area.

House on the Rock Church

314 N. Grand St. Edinburg, IL 62531

Website/Facebook: Edinburg Food Pantry

217-972-3847 Contact: Charles Portwood

9-11 Saturday (please use north door)

Emergency assistance during the week is available

EFFINGHAM

Calvary Baptist Church

600 West Fayette Avenue, Effingham, IL 62401

Phone: 217-342-6671

Services: Distribution date on 2nd Wednesday of the month. Call the Monday before to pre-register between 4 and 6.

Catholic Charities

1502 East Fayette, Route 40, Teutopolis, IL 62401

Phone: 217-857-1458

10-4 M-F

St. John's Lutheran Church

901 West Jefferson, Effingham, IL 62401

Phone: 217-342-4334

Hours: 3-4 (*2nd and 4th Tuesday of the month*)

Bags of food for emergencies M-F, 8:00-4:00 (11:30-12:30 closed)

FARINA

Farina United Methodist Church

311 E Jackson St.

Farina, IL 62838

Phone: 618-245-6677 or 618-245-6175 9-11 3rd Sat. each month

Caring and Sharing at Christmas for residents of Farina, Laclede, Loogootee, and St. Peter.

FOOD PANTRIES

FLORA

Christ's Church

200 North Olive Street, Flora, IL 62839

Phone: 1-618-622-5705

Hours: Open 24/7. Nonperishable food items in cabinet under awning.

FLORA (cont.)

Clay County Ministerial Alliance Food Pantry

1101 Austin Avenue, Flora, IL 62839

Phone: 618-662-3851

Hours: 9-11 (*every Monday*)

Services: Can receive food only one time per month.

First Christian Church

100 W. 4th St.

Flora, IL 62839

618-662-7626

Food Voucher

GREENVILLE

Food Distribution Center

1001 East Harris St.

Greenville, IL 62246

Phone: 618-664-1465

Hours: 2-4 Th

HILLSBORO

Salvation Army

237 South Main, Hillsboro, IL 62049

Phone: 217-532-5059 by appointment only

Harvest of Hope Food Pantry: harvest Outreach Center

109 S. Hamilton Hillsboro, IL 62049

217-560-7533 (call or text) By appointment only

IRVING

Irving Food Pantry: Open Arms fellowship Church

103 South Cedar., Irving, IL 62051

Phone: 217-851-1650

Hours: Once a month by appointment

KINCAID

Midland Area Food Pantry

600 Tower Place, Kincaid, IL 62540

Phone: 217- 237-2342

Hours: 1-4 W

FOOD PANTRIES

Services: Help families with a need for food. They will serve someone up to once a month if it appears there is a real need.

Eligibility: Live in the South Fork Township.

LITCHFIELD

Litchfield Food Pantry

102 N Montgomery, Litchfield, IL 62056

Phone: 217-324-4264 Hours: 1-2:30 T, Th.

Eligibility: Litchfield School District.

St. Clare Center – Food Pantry

603 North Madison St., Litchfield, IL 62056

Phone: 217-324-2800

Hours: 10-12 M 6-2 W 10:30-12:30 Th

LOVINGTON

Lovington Christian Church

301 S. County St.

Lovington, IL 61937

Phone: 217-873-6000 Hours 2-6 (3rd Thursday of the month)

Eligibility: Moultrie County residents only.

MORRISONVILLE

Morrisonville-Palmer Food Pantry

309 SE Sixth Street, Morrisonville, IL 62546

Hours: 2:30-3:30 Th.

Services: Serves those in need who meet USDA commodities guidelines. Serving families in the Morrisonville-Palmer school district. A week's supply of groceries is provided.

Eligibility: Government guidelines for income.

MOWEAQUA

Ministerial Alliance of Moweaqua

326 North Main Street, Moweaqua, IL 62550

Ed Brodus—Phone: 217-273-1252

First Baptist Church—Phone: 217-768-4831 Hours: 9-11 T

Services: Families are given about a week supply of food. Families can be served up to once a month.

Eligibility: Moweaqua address

NOKOMIS

Nokomis Christian Missions-Food Distribution Center

118 S Spruce St., Nokomis, IL 62075

Phone: 217-563-7580 Hours: 2-5 T 2-7 W 9-3 Th 9-7 F 9-3 Sat.

Services: Community Closet, fuel fund and food Pantry

PANA

Loaves and Fishes Food Pantry

120 East Second Street, Pana, IL 62557

Phone: 217-562-4175 Hours: 9-12 M 3-5:30 F

FOOD PANTRIES

Services: Approximately one week's worth of food is provided, perishable and non-perishables. Clients may come once every 30 days.

Eligibility: Live in Pana or Pana area with no food pantry Available.

RAYMOND

Panhandle Food Pantry

317 E. Broad St., Raymond, IL 62560

Phone: 217-229-3074

Hours: 8:30-10:30 Sat.

RAMSEY

St. Joseph's Food Pantry and Clothes Closet

118 East Main, Ramsey, IL 62080

Phone: 618-423-2424

Hours: 9:30-11 W (*Clients may pick up food/supplies at this time*) 9:30-10:45 W (*Clothes Closet hours*)

Closed due to COVID-19, call & leave a message until further notice for food pick-up between 9-10 am Wednesday.

Services: For financial or medicine assistance, contact Catholic Charities in Effingham at 217-857-1458.

Eligibility: Will offer food and clothing to anyone in Fayette County.

SHELBYVILLE

First United Methodist Church

205 West Main, Shelbyville, IL 62565

Phone: 217-774-4131 Hours: 8-12 M, T W, F 9-12 F 9-11 Sun.

Services: Accepts walk-ins and referrals. All types of non-perishable foods and paper goods. Some produce available in season.

SHUMWAY

Shumway Freedom House Food Pantry

304 South West Street, Shumway, IL 62461

Phone: 217-240-0059 or 217-868-5293

Hours: T-TH 10-2 (Bread and Produce)

1st and 2nd Tues 4:00-6:00 — 2nd and 3rd Wed 12-2 (box)

Last Sat. of month 8:30-12

Services: Families may come twice a month and last Saturday of the month. Call for more information and to make an appointment.

ST. ELMO

St. Elmo Food Pantry

512 N Main St.

St. Elmo, IL 62458

Phone: 618-829-3273

Hours: 10-11 & 5:30-6:30 every Monday

Must live in St. Elmo

SULLIVAN

C.E.F.S. Food Pantry

114 East Harrison St., Sullivan, IL 61951

Phone: 217-728-7721

Hours: 9-11 & 2-4 T-F

FOOD PANTRIES

Services: Canned goods, paper products, soap, frozen foods, etc.

SULLIVAN (cont.)

Life Center of Sullivan

1365 Jonathan Creek Dr., Sullivan, IL 61951

Phone: 217-962-1004 (*food pantry*)

Hours: Th. 5-7 F-Sat. 9-1

Services: Thrift store and food pantry. Canned goods, non-perishable, and USDA commodities.

Emergency help with utilities and rent.

Eligibility: Moultrie County residents only

New Life Church

1502 Cooks Mills Rd

Sullivan, IL 61951

Phone: 217-728-4200

Hours: 9-4 M-F 10-12 Sun.

TAYLOR SPRINGS

C.E.F.S.—Montgomery County

853 S. State Route 127, Taylor Springs, IL 62089

Phone: 217-532-5971

Hours: 8:30-4:30 M-F

TAYLORVILLE

Taylorville Food Pantry

1429 East Main Cross, Taylorville, IL 62568

Phone: 217-820-5174 (Amy) or 217-454-6015 (Pam)

Hours: T 8:30-10, Th 5:30-7, Sat 8:30-9:30

Services: Provides emergency food assistance, provides about a week's worth of food. Must have referral from service agency or church.

Eligibility: Must live in Taylorville, Mt. Auburn or Owaneco.

Website: www.taylorvillefoodpantry.com

VANDALIA

C.E.F.S. Food Pantry

517 West Gallatin, Vandalia, IL 62471

Phone: 618-283-2631

Hours: 1-4 Th, 9-12 F

Services: Referrals from churches, health department walk-ins, referrals to other pantries in the county. Government commodities, donations, canned box, paper goods, frozen refrigerator items.

Fayette County Food Pantry

517 W. Gallatin, Vandalia, IL 62471

Phone: 618-283-2631

Hours: 4:30-6 Th.

FOOD PANTRIES

WITT

Witt Food Pantry

Cornerstone Christian Fellowship, 25 W. Park Ave., Witt, IL 62094

Phone: 217-594-2455 (*leave message*)

Hours: 10-11 (*3rd Thursday of the month*)

Call one week in advance for a box is ready

XENIA

Xenia Christ United – Blessing Food Pantry

102 3rd St., Xenia, IL 62899

Phone: 618-678-2730

Hours: 5:45pm – 7:30pm W 9-12am Sun.

HEALTH DEPARTMENTS

CHARLESTON

Coles County Health Department

753 Windsor Rd., Charleston, IL 61920

Phone: 217-348-0530 Hours: 8:30-12:00 and 1-4:30 M-F

Services: Contraceptive methods, pap tests, pregnancy tests, etc. Nurse practitioner available (except on Fridays). WIC & immunization clinics, smoking cessation classes, American Heart Association health awareness information, hearing and vision screenings, glucose screening, blood pressure checks, and bone density testing.

Eligibility: Sliding fee, medical cards accepted.

EFFINGHAM

Effingham County Health Department

901 West Virginia, Effingham, IL 62401

Phone: 217-342-9237 217-342-9500 (*WIC*) 8-4 M-F

Fax: 217-342-9324 or 217-342-1203 (clinic)

Hours: 8-4 M-F

8-4 M-F (*maternal/child health*)

Services: Immunizations by appointment. Home health service, WIC, private water testing, cholesterol, blood pressure, blood sugar screening, home health care referrals, case management service, & HIV testing. Maternal & Child Health: food coupons, income guidelines. Must live in Effingham County and have a nutritional/medical need (children, pregnant/lactating mothers). Education on breastfeeding, first aid and CPR, and food service and sanitation classes. Eligibility: Medicaid accepted.

FLORA

Clay County Health Department

601 East 12th Street, Flora, IL 62839

Phone: 618-662-4406 Hours: 8-5 M-F

Services: TB control, in-home nursing care, immunization clinic, water testing, communicable disease control, WIC, family planning, maternal child health, lead screenings, animal control, teen reach, hospice, healthy family Illinois (HFI), prevention initiative (P.L.A.Y. Group). Eligibility: Medicaid accepted.

HEALTH DEPARTMENTS

LITCHFIELD

Montgomery County Health Department

1285 Franciscan Dr.

Phone: 217-324-6127

Fax: 217-532-6609 (WIC)

Hours: 8-4 M, W, F 8-5 Th.

Mental Health: 8-5 M 8-8 T 8-6 W 8-6 Th 8-5 F

Eligibility: Medicaid accepted.

Montgomery County Health Department

1357 E. Union, Litchfield, IL 62056

Phone: 217-324-3430

Hours: 8-4 M-F

Mental Health Services/Programs: Alcohol & substance abuse, case management, crisis intervention, domestic violence, DUI services, outpatient mental health, psychiatric services, psycho-social rehabilitation, screening assessment and support services for youth, substance abuse awareness class.

Public Health Services/Programs: Blood pressure screening, breast and cervical cancer, child and adult immunization, community care program, diabetes, elder abuse, family case management, health education, nursing and home health service to qualified clients; WIC (women, infants, & children), supplemental food & nutrition, women's health.

Eligibility: Medicaid accepted.

SHELBYVILLE

Shelby County Health Department

1700 West South 3rd Street, Shelbyville, IL 62565

Phone: 217-774-9555 Fax: 217-774-2355

Hours: 8-4 M-F (*closed 12-1*)

Services: Hearing and vision screenings, immunization clinics, lead screening, TB testing, cholesterol screenings, glucose testing and diabetes screenings.

Immunization Clinic Schedule: Tues, Wed, Thurs 8-11:30 and 1-3:30 (no appointment necessary)

WIC Program Services:

Phone: 217-774-5812

Medical Card accepted.

SULLIVAN

Moultrie County Health Department

202 South Main Street, Sullivan, IL 61951

Phone: 217-728-4114

Fax: 217-728-2650

Hours: 8:30-4:30 M - F (*closed 12-1*)

Every 3rd Tuesday open until 6 for immunizations (appointment needed)

Services: WIC/Healthy family services, pregnancy testing, immunization clinics, TB testing and follow-up, blood pressure, school health services, hearing and vision screenings, lactation counseling, All Kids, car seat program, environmental health services and adult health services and COVID clinics.

Eligibility: Medical cards accepted.

HEALTH DEPARTMENTS

TAYLORVILLE

Christian County Health Department

730 N. Pawnee St, Taylorville, IL 62568

Phone: 217-824-4113 Ext. 5

217-824-4113 Ext. 120 (*WIC office*)

Fax: 217-824-4380 Hours: 8-4 M-F (*lunch 12-1*)

Services: Blood pressure clinic, environmental health, referrals to proper agencies, immunizations, health screenings, family management, smoking cessation, cholesterol testing, optical program, TB skin tests, women, infants and children (WIC), nutrition education supplemental food program for pregnant and breast feeding women, infants and children.

Eligibility: Medical cards accepted.

VANDALIA

Fayette County Health Department

416 West Edwards, Vandalia, IL 62471

Phone: 618-283-1044 Hours: 8-4 M-F

Services: Adverse Pregnancy Outcome Reporting System, parent support group & WIC breast pump distribution program, childhood lead poisoning prevention program, Denver Screenings, baby well checks, doula program, genetics screenings, referrals and clinics, healthy kids/healthy moms family case management program, hearing and vision screenings, immunizations, MPE/Kid Care health insurance application agent, paternity testing, smoke alarm program, smoking cessation program, water sample tests for infants, women, infants and children supplemental food program (WIC), home health hospice, environmental health, general public health, healthy family of Illinois.

HOME HEALTH SERVICES

LITCHFIELD

Addus Home Care

1101 W. Sargent St., Ste. A, Litchfield, IL 62056

Phone: 217-854-4471 Hours: 8-5 M-F

Christian, Green, Jersey, Macoupon, and Montgomery Counties

Eligibility: Takes several types of insurance coverage.

Home Instead

500 W. Union Ave. Unit #2, Litchfield, IL 62056 217-324-2299

MT. VERNON

Addus Healthcare

2929 Broadway St., Mt. Vernon, IL 62864

Phone: 618-244-4481 Hours: 8-5 M-F

Services: Nursing, certified nurses aides, physical, occupational, and speech therapy.

Specialties: Pulmonary rehabilitation, orthopedics, wound care specialist, IV therapy, private case management.

HOME HEALTH SERVICES

MATTOON

Sarah Bush Lincoln Home Care

1004 Health Center Dr. Ste 202

Mattoon, IL 61838

Phone: 217-234-4044

8-4:30 M-F

Services: Home care; pediatric programs; skilled nursing; speech, physical and occupational therapy/medical social workers.

SBL Hospice

1004 Health Center Cr. Ste 202

Mattoon, IL 61838

Phone 217-454-4055 1-800-454-4055

8-4:30 M-F

Services: Care to terminally ill persons and their families. Grief support.

OLNEY

Richland Memorial Home Health Services

306 S. Fair St., Olney, IL 62450

Phone: 618-395-2131

Hours: 8-4:30 M-F

Services: Nursing, certified nurse aides, physical, occupational and speech therapy, and medical social worker. Diabetic care and ostomy continence care.

HOSPITALS

DECATUR

Decatur Memorial Hospital

2300 North Edward Street, Decatur, IL 62526

Phone: 217-876-8121

HSHS St. Mary's Hospital

1800 East Lake Shore Drive, Decatur, IL 62521

Phone: 217-464-2966

EFFINGHAM

HSHS St. Anthony's Memorial Hospital

503 North Maple, Effingham, IL 62401

Phone: 217-342-2121 (*24 hours*)

217-347-1211 (*emergency phone—24 hours*)

HOSPITALS

FAIRFIELD

Fairfield Memorial Hospital

303 North West 11th Street, Fairfield, IL 62837

Phone: 618-842-2611

Services: Nursing, physical and speech therapy. *(Only covers small part of Clay County—South of Rt. 50)*

FLORA

Clay County Hospital

911 Stacey Burk Drive, Flora, IL 62839

Phone: 618-662-2131 *(24 hours)*

GREENVILLE

HSHS Holy Family Hospital

200 Health Care Dr., Greenville 62246

Phone: 618-664-1230

HILLSBORO

Hillsboro Area Hospital

1200 East Tremont Street, Hillsboro, IL 62049

Phone: 217-532-6111 *(24 hours)*

LITCHFIELD

St. Francis Hospital

1215 Franciscan Drive, Litchfield, IL 62056

Phone: 217-324-2191 *(24 hours)*

MATTOON

Sarah Bush Lincoln Health System

1000 Health Center Drive, Mattoon, IL 61938

Phone: 217-258-2525

OLNEY

Carle Richland Memorial Hospital

800 E. Locust St., Olney, IL 62450

Phone: 618-395-2131

PANA

Pana Community Hospital

101 East Ninth Street, Pana, IL 62557

Phone: 217-562-2131 *(24 hours)*

SHELBYVILLE

HSHS The Good Shepard Hospital

201 S. Pine St., Shelbyville, IL 62565

Phone: 217-774-3961

HOSPITALS

SPRINGFIELD

Memorial Medical Center

701 North First Street, Springfield, IL 62781

Phone: 217-788-3000

St. John's Hospital

800 East Carpenter Street, Springfield, IL 62769

Phone: 217-544-6464

TAYLORVILLE

Taylorville Memorial Hospital

201 East Pleasant, Taylorville, IL 62568

Phone: 217-707-5555

217-707-5300 (*emergency phone—24 hours*)

VANDALIA

SBL Fayette County Hospital and Long Term Care

650 West Taylor Street, Vandalia, IL 62471

Phone: 618-283-1232 (*24 hours*)

HOUSING AUTHORITIES

BROWNSTOWN

Carpenter Apartments

1108 West South 9th St.

Shelbyville, IL 62565

Phone: 618-774-3290

Apartments available in Brownstown and St. Elmo

CHRISTIAN COUNTY

Christian County Integrated Community Services

1503 W Spreser St., Taylorville, IL 62568

Phone: 217-824-4926 Hours: M-F 8:30-4:30

Christian County Housing Authority

202 S. Poplar St., Pana, IL 62557

Phone: 217-562-3742

DECATUR

Decatur Housing Authority

1808 E Locust St., Decatur, IL 62521

Phone: 217-423-7711 Hours: 8-4:30 M-F

HOUSING AUTHORITIES

EFFINGHAM

Effingham County Housing Authority

215 North Banker, Effingham, IL 62401

Phone: 217-342-3520 Hours: 8-4 M-F

Services: Provides housing for low-income families.

FILLMORE

Carpenter Apartments

1108 W South 9th St., Shelbyville, IL 62562

Phone: 217-774-3290

Services: Subsidized apartments in Fillmore.

FLORA

Clay County Housing Authority

201 South Locust Street, Flora, IL 62839

Phone: 618-662-5311 Hours: 8-4 M-F (*closed 12-1*)

Services: Low-income housing for families and elderly.

Fee: Sliding scale fee based on income.

Village Greene Apartments

811 Meadowview Dr., Flora, IL 62839

Phone: 618-662-8199

HILLSBORO

Montgomery County Housing Authority

216 Shelbyville Road, Hillsboro, IL 62049

Phone: 217-532-3672 Hours: 8-4:30 M-F

Communities Served: Coffeen, Hillsboro, Litchfield, Nokomis, Raymond, Taylorville Springs, and Witt

Services: Family, elderly and housing.

Village of Hillsboro Apartments

300 South Hamilton St.

Hillsboro, IL 62049

Phone: 217-532-3501

Hillsboro Heights

215 Mill St.

Hillsboro, IL 62049

Phone: 618-538-1071

Hillsboro Heights

111 N. Oak St.

Hillsboro, IL 62049

Phone: 217-343-9854

HOUSING AUTHORITIES

LITCHFIELD

Cornerstone TL Inc.

114 E. Spruce St., Gillespie, IL 62033

Phone: 217-839-9919

Services: Apartments in Litchfield. Accepts some felonies depending on the situation. 30-day income is a must.

Terra Properties—Litchfield

Maple Street Apartments

1213 North Maple St

Phone: 618-654-7033

No longer income based—accepts section eight voucher

Hebenstreit Rentals

Units in Litchfield

Apply in person at 212 East Central St, Benld

Phone: 217-835-2222 Hours: M, T, F 8:30-4

Fees: Application Fee \$15

LOUISVILLE

Zink Apartments

150 S. Route Highway 45

Louisville IL 62858

Phone 618-665-4081

Sliding scale

NOKOMIS

Masinelli Properties (Nokomis, Witt, Irving)

124 N Edwardsville St., Staunton, IL 62088

Phone: 618-635-2005

Services: Affordable family housing

OLNEY

Richland County Housing Authority

129 E Scott St., Olney, IL 62450

Phone: 618-395-2571

SHELBYVILLE

Housing Authorities

414 South Morgan, Shelbyville, IL 62565

Phone: 217-774-2167 Hours: 9-4 M-F (*closed 12-1*)

Services: Provides low-income housing for families and elderly, at 30% of adjusted gross income. Section-8 housing program, income-based. Housing available in Cowden, Findlay, Shelbyville and Stewardson.

HOUSING AUTHORITIES

SPRINGFIELD

Springfield Housing Authority

200 N 11th St., Springfield, IL 62703

Phone: 217-753-5757

ST. ELMO

Carpenter Apartments

1108 West South 9th St.

Shelbyville, IL 62565

Phone: 217-774-3290

Apartments available in Brownstown and St. Elmo

VANDALIA

Capitol Pointe Apartments

2415 W. Randolph St.

Vandalia, IL 62471

Phone: 618-283-0236

Income restrictions and limits

Country Place Apartments

929 W. Johnson St.

Vandalia, IL 62471

Phone: 618-283-3444

Managed by Professional Properties 815-397-3755—Income based

Terra Properties—Vandalia & Patoka

Vandalia Heights Apartments

Fletcher Street Apartments

Phone: 618-654-7033

www.terra-properties.com

IL DEPT. OF CHILDREN & FAMILY SERVICES

CARLINVILLE

IL Dept. of Children & Family Services

1022 North High, Carlinville, IL 62626

Phone: 217-854-2566 800-252-2873 (*to file a report*)

Hours: 8:30-5 M-F

Services: Montgomery and Macoupin Counties. Care and services to neglected or dependent under 18 who is a ward of the court, investigate cases of suspected child abuse, foster family home, service to families to remain intact.

IL DEPT. OF CHILDREN & FAMILY SERVICES

CHARLESTON

IL Dept. of Children & Family Services

825 18th Street, Charleston, IL 61920

Phone: 217-348-7661 800-252-2873 (*to report abuse*)

Hours: 8:30-5 M-F

Services: Investigate possible cases of child abuse or neglect, placement of children in foster homes, child welfare services and referrals as needed.

CLAY

IL Dept. of Children & Family Services

1408 Martin St., Olney, IL 62450

618-393-2979

DECATUR

IL Dept. of Children & Family Services Department

2900 N. Oakland Ave., Decatur, IL 62526

217-875-6750

8:30-5 M-F

EFFINGHAM

IL Dept. of Children & Family Services

401 West Industrial Avenue, Ste. B, Effingham, IL 62401

Phone: 217-347-5561

800-252-2873 (*24 hours-hotline phone*)

Hours: 8:30-5 M-F

Website: www.dhs.state.il.us

Services: Services to prevent/suspect abuse and neglect, placement of children in foster home, licensing of child care facilities/day care services and home intervention.

SPRINGFIELD

IL Dept. of Children and Family Services

1124 N Walnut St., Springfield, IL 62702

Phone: 217-782-4000

IL DEPT. OF HEALTHCARE & FAMILY SERVICES

CENTRALIA

IL Dept. of Healthcare & Family Services

800 South Locust, Centralia, L 62801

Phone: 618-532-1966

Fax: 618-532-4957

Hours: 8:30-5 M-F

IL DEPT. OF HEALTHCARE & FAMILY SERVICES

CHARLESTON

IL Dept. of Healthcare & Family Services

1550 Douglas Street, Charleston, IL 61920
Phone: 217-345-2188 Fax: 217-345-2190
Hours: 8:30-5 M-F

CLAY

IL Dept. of Healthcare & Family Services

1406 Martin St., Olney, IL 62450
Phone: 618-393-2979 Hours: 8:30-5 M-F

HILLSBORO

IL Dept. of Healthcare & Family Services

400 Rountree St., Hillsboro, IL 62049
Phone: 217-532-3957 Hours: 8:30-5 M-F
217-782-4000

Montgomery County Human Services
400 Roundtree St., Hillsboro, IL 62049
Phone: 217-532-3957

TAYLORVILLE

IL Dept. of Healthcare & Family Services

1100 North Cheney Street, Ste. 1, Taylorville, IL 62568
Phone: 217-824-3389 Fax: 217-824-3397
Hours: 8:30-5 M-F

LIBRARIES

ALTAMONT

Altamont Public Library

121 West Washington Ave, Altamont, IL 62411
Phone: 618-483-5457
Hours: 1-6 M, T, W 2-6 F 9-1 Sat. and Thurs.

LIBRARIES

ASSUMPTION

Assumption Public Library District

205 North Oak Street, Assumption, IL 62510

Phone: 217-226-3915

Hours: Closed Monday 9-5 T, Th., F 9-6 W 9-1 Sat.

BEECHER CITY

Beecher City Public Library

108 N. James St., Beecher City, IL 62414

Phone: 618-487-9400

Hours: 12:30-7 Mon. 12:30-5 Tue. 12:30-5 Wed. 3:30-8 Thurs. 12:30-5 Fri. 9:30-1 Sat.

BETHANY

Marrowbone Public Library

216 W Main St., Bethany, IL 61914

Phone: 217-665-3014

Hours: 9-6 Mon. 9-5 T-F 10-2 Sat.

BROWNSTOWN

Brownstown Branch Library, The

120 West Main Street, Brownstown, IL 62418

Phone: 618-427-3853

Hours: 12-7 M 12-5 T 10-3 W 3-7 Th 12-5 F 10-2 Sat.

COWDEN

Dry Point Township

Cowden-Herrick High School, 651 Defend Drive, PO Box 44, Cowden, IL 62422

Phone: 217-783-2616

Fax: 217-783-2124

Hours: M, Th. 2-8

Services: Interlibrary loan participant. Reading program every Monday in June for school age 1-6 grade.

Fees: Residents living in Dry Point Township—Free. Fees apply (out of township residents)

EFFINGHAM

Suzette Brumleve Memorial Effingham Public Library

200 North 3rd Street, Effingham, IL 62401

Phone: 217-342-2464

Hours: 8-7 M-Th. 8-6 F 9-1 Sat.

Services: Online tutoring services, summer reading program, and downloadable books. Reading programs, computers, wireless internet & public internet access, books, audios, magazines, movies, newspapers, genealogy assistance, microfilm and microfiche reader/printer, reference service, story times, library loan, parent resource center, and photocopy machine. Adult computer classes, online bulletin board, homebound delivery, faxing, printer available. Meeting room available.

www.EffinghamLibrary.org

LIBRARIES

FLORA

Flora Public Library

216 North Main Street, Flora, IL 62839

Phone: 618-662-6960

Hours: M-Th. 1:30-8:30 F 10-6 Sat.10-3 Sun. Closed

Services: Serves as a local resource center with access to books and videos on caregiving. Now offering e-books.

HERRICK

Herrick Township Library

Herrick School, 303 North Broadway, Herrick, IL 62431

Phone: 618-428-5223 Hours: 12-6 M, T 9-5 Th.

HILLSBORO

Hillsboro Public Library

420 S. Main St.

Hillsboro, IL 62049

Phone: 217-532-3055

Fax: 217-532-6813

Hours: 9:30-7 M-Th, 9:30-5 F, 10-2 Sat.

Services: Story hour – Pre-K -3rd grade every Monday 4-4:30

LITCHFIELD

Litchfield Public Library

1205 South State Street, Litchfield, IL 62056

Phone: 217-324-3866

Fax: 217-324-3884

Hours: 10-7 M-TH 10-5 F 10-2 Sat.

LOVINGTON

Lovington Public Library

110 W. State St

Lovington, IL 61937

Phone: 217-873-4468

Hours: 9-7 Mon. 9-12, 2-5 T-F 9-12 Sat.

MOWEAQUA

Moweaqua Library

600 North Putnam, Moweaqua, IL 62550

Phone: 217-768-4700

Fax: 217-768-9070

Hours: 9-7 M 9-5 T, W, F 9-2 Sat.

PANA

Carnegie-Schuyler Library

303 East Second Street, Pana, IL 62557

Phone: 217-562-2326

Hours: 12-6 M-F

www.panalibrary.com

LIBRARIES

RAMSEY

Ramsey Public Library

401 S. Superior St., Ramsey, IL 62080

Phone: 618-423-2019

Hours: closed Mon 12-6 Tues 10:30-4 Wed 12-6 Thurs 10:30-4 Fri

ST. ELMO

St. Elmo Public Library

311 West Cumberland Road, St. Elmo, IL 62458

Phone: 618-829-5544 Fax: 618-829-9104

Hours: 12-7 M 12-5 T 10-3 W 4-7 Th 12-5 F 10-2 Sat.

SHELBYVILLE

Shelbyville Public Library

154 North Broadway Street, Shelbyville, IL 62565

Phone: 217-774-4432 Hours: 8-6 M-F 9-1 Sat.

Fee: Free library card for Shelbyville residents

STAUNTON

Staunton Public Library

306 West Main St.

Staunton, IL 6288

Phone: 618-635-3852

SULLIVAN

Elizabeth Titus Memorial Library

2 West Water St., Sullivan, IL 61951

Phone: 217-728-7221 Fax: 217-728-2215

Hours: 8:30-8 M-Th 8:30-5 Fri. 9-12 Sat.

10-10:30 Wednesday – story time for 3-5-year-olds

TAYLORVILLE

Taylorville Public Library

121 West Vine St., Taylorville, IL 62568

Phone: 217-824-4736 217-287-7300 Dial-A-Story

Hours: 107 M-Th 10-5 F 10-3 Sat.

VANDALIA

Evans Public Library

825 Randolph St., Vandalia, IL 62471

Phone: 618-283-2824 Hours: 9-7 M-Th 9-5 Sat.

Services: Reading programs, homebound delivery, computers, internet access, books, audios, magazines, newspapers, movies, reference service, story times, interlibrary loan.

OPTOMETRISTS

EFFINGHAM

Effingham Ophthalmology Associates

903 Medical Park Drive

Effingham, IL 62401

Phone: 217-347-2933

Hours: 7:30-5 M-F

Fax: 217-347-2932

Services: Accepts medical card with a Doctor's referral (standard Medicaid only). Will complete Kindergarten eye exams without a doctor's referral. \$55 fee

Walmart Vision & Glasses

1204 Ave. of Mid-America, Effingham, IL 62401

Phone: 217-342-2547

Fax: 217-342-6294

Marion Eye Center

600 North Keller Drive

Effingham, IL 62401

Phone: 217-342-2900

Hours: 8-5 M-F

Services: Medical Cards

Accepted

Fax: 217-342-2901

FLORA

Marion Eye Clinic

520 East North Avenue

Flora, IL 62839

Phone: 618-662-6960

Hours: 8-5 M-F

Services: Medical Cards accepted

GREENVILLE

Family Eye Care Association

101 W. Main St.

Greenville, IL 62246

Phone: 618-664-0636

Hours: 8:30-5 M-Th

8:30-12 F

Accepts Medicare, Medicaid under 18 years of age. Need to call for providers.

HILLSBORO

Family Eye Care Association

675 School Street

Hillsboro, IL 62049

Phone: 217-532-5044

Hours: 8:30-5 M, Th, F

8:30-6:30 T-W

Services: Free InfantSEE Program for children under one year old. Medical cards not accepted.

Accepts Medicare under 18 years of age. Medicaid need call providers.

OPTOMETRISTS

LITCHFIELD

Family Eye Care Association

510 West Union Ave

Litchfield, IL 62056

Phone: 217-324-3317

Hours: 8:30-1 M. 8:30-6 T 8:30-5 W, F

Accepts Medicare under 18 years of age. Medicaid need call providers.

Walmart Vision & Glasses

1205 W. Ferdon St.

Litchfield, IL 62056

Phone: 217-324-5004

Hours: 9-8 M-F, 9-7 Sat.

12-5 Sun.

MATTOON

All About Eyes

1001 Charleston Ave, Ste E

Mattoon, IL 61938

Phone: 217-235-2020

Fax: 217-235-2028

9-7 M; 906 T,W,TH; 805 F; 8-4 Sat.

Medicaid not accepted

PANA

Vision Source

104 S. Oak St., Pana, IL 62557

Phone: 217-562-2512

Hours: 8-5 M, T, W, F

Services: Medicare, EyeMed, VSP, BCBS accepted.

SHELBYVILLE

Mid-State Eye

102 N. Heinlein Dr

Shelbyville, IL 62565

Phone: 217-774-4422

Fax: 217-774-4422

8-5 M-F

Medicaid accepted

SULLIVAN

Sullivan Eye Care Clinic & Opt.

108 East Harrison Street

Sullivan, IL 61951

Phone: 217-728-4451

Hours: 7-5 T-F

Services: Medicare accepted. Medical cards not accepted.

OPTOMETRISTS

TAYLORVILLE

Advanced Eye Care

900 West Springfield Road
Taylorville, IL 62568
Phone: 217-824-4991
Hours: 8-5 M-F, 8-Noon Sat.
Closed 1st Sat of every month.

Walmart Vision & Glasses

1530 W. Springfield Rd., Taylorville, IL 62568
Phone: 217-287-1145
Hours: 9-8 M, W, Th, F; 9-6 Sat.; 12-5 Sun.
6-8 T

VANDALIA

Marion Eye Care

300 West Randolph Street
Vandalia, IL 62471
Phone: 618-283-7100
Hours: 8-5 M-F

Walmart Vision Center

201 Mattes Ave.
Vandalia, IL 62471
Phone: 618-283-3085
Hours: 9-7 M-F 9-6 Sat.
Services: VSP or Davis

Eye Care Vandalia

Childers, Kevin Dr.

2202 West Randolph Street
Phone: 618-283-3511
Hours: 8-7 M 8-5 T-F 9-12 Sat.
Medical card accepted
Vandalia, IL 62471

PHYSICIANS

ALTAMONT

Opilka, John DO

5 E. Cumberland Rd.
Altamont, IL 62411
Phone: 618-483-6151
Fax: 618-483-6153 or 618-483-6152
Medical Card: Yes

HSHS Medical Group

3 Do It Drive
Altamont, IL 62411
Phone: 618-483-6131
Fax: 618-483-6718
Medical Card: Yes (Molina)

ASSUMPTION

Community Medical Clinic of Assumption

118 North Walnut Street
Assumption, IL 62510
Phone: 217-226-3133
Medical Card: Yes

CHAMPAIGN

Morton, Charles MD

1701 Curtis Rd.
Champaign, IL 61821
Phone: 217-365-6202
Medical Card: Yes

PHYSICIANS

CLAY CITY

CCH Medical Clinic

939 Sunset Rd. SW
Clay City, IL 62824
Phone: 618-662-2131
800-762-2309

CCH Addiction Clinic

939 Sunset RD. SW
Clay City, IL 62824
618-662-2131

COWDEN

Cowden Medical Clinic, LLC

209 Elm Street
Cowden, IL 62422
Phone: 217-783-6565
Fax: 217-783-6577
Hours: 8-5 M-Th 8-12 Fri.
Medicaid: Yes

EFFINGHAM

SBL Effingham Clinic

905 North Maple St.
Effingham, IL 62401
Phone: 217-347-7776
Fax: 217-347-7197
Medical Card: yes

Family Care Associates

1106 North Merchant Street
Effingham, IL 62401
Phone: 217-342-7000
Fax: 217-342-7002
Medical Card: Yes (No Molina)

SIHF Health Care

900 West Temple Ave. Ste 208
Building: A
Phone: 217-342-0211
Fax: 217-342-0232
Medical Card: Yes

Mid-Illinois Medical Care

500 N. Maple St., Suite #300
Effingham, IL 62401
Phone: 217-347-7030
Fax: 217-347-7049
Medical Card: Yes

EFFINGHAM (cont.)

Effingham Prompt Care

401 North Mulberry Street
Effingham, IL 62401
Phone: 217-347-0768
Fax: 217-347-0729
Hours: 9-5:30 M-F
Medical Card: Yes

Springfield Clinic

300 North Maple Street
Effingham, IL 62401
Phone: 217-342-4151
Fax: 217-535-2067
Hours: 8-5 M-F
Medical Card: Yes (No Aetna)

HSHS Medical Group

Family & Internal Medicine

900 West Temple Ave.
Bldg. B, Suite 1500,
Effingham, IL 62401
Phone: 217-347-0458
Fax: 217-342-2992
Medical Card: Yes (except BCBS & Meridian)

FLORA

CCH Medical Clinic

929 Stacey Burk Drive
Flora, IL 62839
Phone: 618-662-2131
800-762-2309
Medical Card: Yes

Clay Medical Center

165 Kinnaman Dr.
Flora, IL 62839
Phone: 618-662-8386
Medical Card: Yes

Springfield Clinic

501 North Main Street
Flora, IL 62839
Phone: 618-403-5040
Medical Card: Yes

PHYSICIANS

GREENVILLE

Greenville Medical Assoc.

101 Health Care Drive
Greenville, IL 62246
Phone: 618-664-2531
Medical Card: Yes
Services: Accepts Medicaid—Molina only

Greenville HSHS Holy Family

201 Health Care Dr.
Greenville, IL 62246
Phone: 618-664-1380
Medical Card: Molina only

McCracken-Dawdy-Hall Family Practice

201 Health Care Drive
Greenville, IL 62246
Phone: 618-664-4239
Medical Card: Yes

HILLSBORO

Springfield Clinic West

1280 East Tremont Street
Hillsboro, IL 62049
Phone: 217-532-2320
Medical Card: Yes

Hillsboro Health Primary Care

1220 E. Tremont St.
Hillsboro, IL 62049
Phone: 217-532-4351
Medical Card: Yes
New Patients

HSHS Medical Group

1220 E Tremont St. Ste. A
Hillsboro, IL 62049
Phone: 532-9471
Medical Card: No new patients with Medical Card

Springfield Clinic—East Bldg.

1250 East Tremont Street
Hillsboro, IL 62049
Phone: 217-532-6911
Medical Card: yes

LITCHFIELD

Litchfield Family Practice Center, LLP

1285 Franciscan Drive
Litchfield, IL 62056
Phone: 217-324-6127 217-324-3511-TDD
Medical Card: Yes
Primetime hours: 8-7 M-F, 9-1 Sat.
Office Hours 8:30-4:30 M-F

Litchfield Urgent Care Walk-in Clinic

20 Corvette Dr. Ste. A
Litchfield, IL 62056
Phone: 217-324-3400
Hours: 9-7 M-F 10-6 Sat./Sun.

LOUISVILLE

Louisville Medical Clinic

14265 US-45
Louisville, IL 62858
Phone: 618-662-2131
Medical Card: Yes

Trinity Health and Wellness

850 Bryant Street
Louisville, IL 62858
Phone: 618-665-7000
Medical Card: Yes

MT. VERNON

SSM Health Good Samaritan Hospital

1 Good Samaritan Way
Mt. Vernon, IL 62864
Phone: 618-899-4600
Medical Card: Yes

MATTOON

SBL Family Medical Center

200 Richmond Avenue East, Suite 4
Mattoon, IL 61938
Phone: 217-234-7000
Fax: 217-234-7011
Medical Card: Yes

PHYSICIANS

MATTOON (cont.)

SBL Pediatric Clinic

Prairie Pavilion I Ste. 100
1005 Health Center Drive
Mattoon, IL 61938
Phone: 217-258-4006
Fax: 217-258-4120
Medical Card: Yes

MOWEAQUA

Springfield Clinic Moweaqua

620 North Putnam Street, Suite A
Moweaqua, IL 62550
217-768-3884
Phone: Medical Card: yes new patients with
Medical Card

NOKOMIS

Community Medical Clinic

120 S. Cedar St.
Nokomis, IL 62075
Phone: 217-563-8363
Medical Cards: Yes
Hours: 8:30-4:30 M-F

Springfield Clinic in Nokomis

105 E. State St.
Nokomis, IL 62075
Phone: 217-563-2882
Hours: 8-11:30 T, 8-4:30 Th, 2-4:30 F
Not excepting new patients with Medical Card

OLNEY

SIHF Healthcare - Olney

1120 N. East St.
Olney, IL 62450
618-395-5222
Medical Card: Yes

Carle Richland Memorial Hospital

800 E. Locust St.
Olney, IL 62450
618-395-2131

Weber Medical Center

1200 North East Street
Olney, IL 62450
Phone: 618-395-5222

PANA

Community Medical Clinic

101 East 9th Street
Pana, IL 62557
217-562-2544—Phone
217-562-6288—Fax
Medical Card: Yes

Pana Medical Group

217 South Locust Street
Pana, IL 62557
Phone: 217-562-2143
Medical Card: Yes

RAMSEY

Community Medical Clinic of Ramsey

103 6th St., Ramsey, IL 62080
Phone: 618-423-2412
Medical Card: Yes
Hours: 8:30-4:30 M-F 8:00-5 F

RAYMOND

Springfield Clinic in Raymond

801 N O'Bannon St.
Raymond, IL 62560
Phone: 217-229-3711
Hours: 8-11:30 T, 8-11:30 W, 8-11:30 Th
Not accepting new patients with Medical Card

SHELBYVILLE

SBL Shelbyville Clinic

1215 West Main St
Shelbyville, IL 62565
Phone: 217-774-4305
Fax: 217-774-4306
Hours: 7-5 M-Th 7-4 Fri (closed 12-1)
Medical Card: Yes

Shelbyville Community Medical Center

415 N Cedar St.
Shelbyville, IL 62565
Phone: 217-774-2900
Fax: 217-774-2902
Hours: 9-5 M-F
Medical Card: No

PHYSICIANS

SHELBYVILLE (cont.)

HSHS Good Shepard Family Health

207 South Pine St., Ste. E
Shelbyville, IL 62525
Phone: 217-774-4400
Fax: 217-774-6445
Medical Card: Yes (except BCBS , Meridian)

SULLIVAN

Sullivan Family Care

2 West Adams Street
Sullivan, IL 61851
Phone: 217-728-7353
Fax: 217-728-8856
Hours: 8-4 M-Th 8-12 F
Medical Card: Yes

SBL Sullivan Clinic

7 Hawthorne Lane
Sullivan, IL 61951
Phone: 217-728-8441
Fax: 217-728-8678
Hours 7:30-4:30 M-Th 7-4 Fri
Medical Card: Yes

Memorial Care in Sullivan

1220 West Jackson Street
Sullivan, IL 61951
Phone: 217-728-2042
Fax: 217-728-2485.
Hours: 8-5 M-F
Medicaid: Yes

TAYLORVILLE

Springfield Clinic

600 North Main Street, Ste. A
Taylorville, IL 62568
Phone: 217-287-8855
Fax: 217-287-3295
Medical card: Yes (no Aetna Better Health)

HSHS Medical Group

Multispecialty Care

1304 W. Burnett Dr.
Taylorville, IL 62568
833-594-0336
Medical card: yes (no BCBS)

TAYLORVILLE (cont.)

SIU Center for Family Medicine

303 E Bidwell St.
Taylorville, IL 62568
Phone: 217-824-1134

Taylorville Urgent Care Walk in Clinic

1510 W. Springfield Rd.,
Taylorville, IL 62568
Phone: 217-824-8244

VANDALIA

Dossett, Brian MD

1029 North 8th Street
Vandalia, IL 62471
Phone: 618-283-4469
Medical Card: Yes

Darmadi, Michael MD

1003 North 8th Street
Vandalia, IL 62471
Phone: 618-283-4445
Medical Card: Yes

SBL FCH Family Medical Ctr.

825 New York Dr., Suite 2
Vandalia, IL 62471
Phone: 618-283-5136
Hours: 8-4 M-F

SIHF Healthcare Sunset Drive

Vandalia, IL 62471
Phone: 618-283-3144
Medical Card: Yes
Hours: 7-4 M-F

The Wellness Complex

825 New York Dr., Ste. 2
Vandalia, IL 62471
Phone: 618-283-5548
Hours: 7:30-5 M-F

PREGNANCY COUNCILING

EFFINGHAM

Family Life Center

605 Eden Ave., Effingham, IL 62401

Phone: 217-342-5433 or 1-800-600-2966 Fax: 217-347-8775

9-8 Tues. 9-5 M, W, Th

Services: Free pregnancy testing. Information, care and help at no cost for women and families facing unplanned pregnancy. Support group, parenting, teen mother, father, and prenatal classes, and pregnancy resources.

FLORA

Jabez Pregnancy Center

200 N Olive Rd., Flora, IL 62839

Phone: 618-572-8913 or 618-559-6511

10-3 M, T, Th, F (*Also by scheduled appointment*)

Services: Pregnancy counseling Teach how to care for self and baby. Assist with baby supplies. Coordinate with other organizations in community, i.e. CCHD WIC, Early Childhood, Guadalupe, Churches, etc.

Guadalupe Project

124 East North Ave., Flora, IL 62839

Phone: 618-403-5998

www.lacpc.com; cocker@lacp.com

Hours: Monthly

Services: Personal and professional resources for individuals and families with unplanned pregnancies. Free on-site pregnancy tests, “Baby Boutique” clothing closet (maternity and infant), parenting classes, and resource referrals to service agencies in Christian County and surrounding areas.

HILLSBORO

Lighthouse Pregnancy & Health Services

214 S. Main St., Ste A, Hillsboro, IL 62049

Phone: 217-532-2241 Hours: 9-5 W-Th

Medical Card: Yes

All services free and confidential.

Services: Free pregnancy tests, material assistance, accurate information, counseling and classes for prenatal, postnatal, parenting, Sexual integrity, STD’s and post abortion recovery. Free ultrasound, parenting classes and Domestic Violence.

PANA

Loving Arms Crisis Pregnancy Center

201 S. Locust St., Pana, IL 62557

Phone: 217-824-7200 Hours: 9-12, 1-4 T & Th

SHELBYVILLE

Family Life Center

225 East South First St., Shelbyville, IL 62565

Phone: 217-774-4874 Hours: 9-5 M-Th

Services: Free services in a caring and confidential setting by staff who specialize in pregnancy and sexual health issues. Pregnancy tests, parent education, ultrasounds, abortions, pregnancy loss support, STI/STD information.

PREGNANCY COUNCILING

SPRINGFIELD

Noll Medical Clinic The Hope Institute for Children and Families)

5220 South Sixth Street Road, Suite 2500, Springfield, IL 62703

Phone: 217-757-7700

TAYLORVILLE

Loving Arms Crisis Pregnancy Center

500 North Walnut, Taylorville, IL 62568

Phone: 217-824-7200 800-712-HELP (24 hour helpline)

Hours: 9-4 M, T, W, Fri (*closed 12-1*)

Services: Personal and professional resources for individuals and families with unplanned pregnancies. Provides free on-site pregnancy tests, operates a clothing closet called “Baby Boutique” (Maternity and infant), parenting classes, and resource referrals to service agencies in Christian County and surrounding areas. www.lacpc.com; cocker@lacp.com

VANDALIA

Lighthouse Pregnancy Center

1703 West Fletcher Street, Vandalia, IL 62471

Phone: 618-283-8750 Fax: 618-283-9049

Hours: 9-5 M-Th 9-1 F

Services: Free pregnancy tests, material assistance, accurate information, counseling and classes for prenatal, postnatal, parenting, Sexual integrity, STD’s and post abortion recovery. Free ultrasound, parenting classes and Domestic Violence.

PUBLIC TRANSIT

EFFINGHAM

C.E.F.S. Central Illinois Public Transit

1805 S. Banker St., Effingham, IL 62401

Phone: 855-755-2478 Hours: 6-6

Crossroads Taxi 217-342-7433

FLORA

C.E.F.S. Central Illinois Public Transit

829 W. North Ave., Flora, IL 62839

Phone: 855-755-2478 Hours: 6-5 M-F
6-5 M-F

LITCHFIELD

Orange Is The New Ride—Litchfield Branch

301 N. Madison St., Litchfield, IL 62056

Phone: 217-324-4222

PUBLIC TRANSIT

PANA

Faith in Action/CIPT

Pana Community Hospital
101 E 9th St., Pana, IL 62557
Phone: 217-562-2131

SHELBYVILLE

C.E.F.S. CIPT

1505 West South 1st Street, Shelbyville, IL 62565
Phone: 217-774-3827 Hours: 6-5 M-F

SULLIVAN

Central Illinois Public Transit

Phone: 855-755-2478 Hours 6-5 M-F

TAYLOR SPRINGS

C.E.F.S. Central Illinois Public Transit

Phone: 855-755-2478 Hours 6-5 M-F

TAYLORVILLE

C.E.F.S. Central Illinois Public Transit

Phone: 855-755-2478 Hours 6-5 M-F

VANDALIA

C.E.F.S. Central Illinois Public Transit

Phone: 855-755-2478 Hours 6-5 M-F

VARIOUS LOCATIONS

First Transit

Phone: 877-725-0569

Hours: 8-5 M-F (*call at least 1 week in advance for scheduled appointments*)

Services: Provides transportation for medical purposes, including blood work, doctor appts., lead screening, developmental screening, hemoglobin, therapies, etc.,

Fee: Free for patient & caregiver. Extra charge for additional passengers.

REHABILITATION

MATTOON

IL Dept. of Rehabilitation Services Department

129 North 15th Street, Mattoon, IL 61938

Phone: 217-235-3154 (*general information*)

217-235-3154 (*TDD only*)

Fax: 217-235-3160

TTY: 888-261-2869

Hours: 8-5 M-F

Services: For vocational rehabilitation. Nursing home prevention program. Homemaker services for those under 60 years of age.

OLNEY

Vocational Rehabilitation

1112 South West Street, Olney, IL 62450

Phone: 618-395-2147, 618-392-2512

Hours: 8:30-5 M-F

Services: Work with mentally and physically disabled to re-educate for employment, home services program.

IL Division of Specialized Care For Children

1102 South West Street, Ste. A, Olney, IL 62450

Phone: 618-395-8461 888-841-3232

Hours: 8-4:30 M-F

Services: Medical, surgical, corrective speech and hearing services, diagnostic evaluation, visits, specialized treatment, purchase special equipment and supplies.

SPRINGFIELD

Services Department

535 W Jefferson St. #1, Springfield, IL 62703

Phone: 217-782-4830 Hours: 8:30-5 M-F

Services: Diagnostic and related service counseling, physical restoration services, training, books, maintenance and placement.

CHRISTIAN AND MONTGOMERY CO. RESIDENTS

IL Division of Specialized Care For Children

Springfield Regional Office

3135 Old Jacksonville Road, Springfield, IL 62704-6488

Phone: 800-822-3722

MOULTRIE AND MACON CO. RESIDENTS

IL Division of Specialized Care For Children

Moultrie and Shelby County Residents

Champaign Regional Office, 510 Devonshire, Ste. A,

Champaign, IL 61820-9914

Phone: 217-333-6528 800-779-0889

Hours: 8-4:30 M-F

<http://dscc.uic.edu>

SOCIAL SERVICES

CARBONDALE

Goodwill Store and Donation Center

1145 E main St., Carbondale, IL 62901
Phone: 618-549-3415

Land of Lincoln Legal Assistance Foundation

509 S University Ave #100, Carbondale, IL 62901
Phone: 800-642-5335 (*for Clay County*)

CENTRALIA

Goodwill

1305 W Broadway, Centralia, IL 62801
Phone: 618-545-0151

One Hope United

1400 East McCord Street, Centralia, IL 62801
Phone: 618-532-4311

Services: Offers crisis intervention for runaway youth ages 11-17 or for parents in potential lockout situations to work toward family preservation through crisis intervention, individual, and family counseling. Extended family is a program that provides short-term services to link relatives. Nurturing parent is a low intensity home-based program that works with parents of youth from birth to 17 to offer parent education.

People Against Violent Environments (PAVE)

P O Box 342, Centralia, IL 62801
Phone: 618-533-7233 800-924-8444 (*24 hours*)

Services: Provides support to domestic violence victims and their dependent children. These services include IDVA advocacy, 24-hour crisis line, emergency shelter, individual and group support, referrals to other agencies, batterers intervention, men challenging violence (MCV).

The Salvation Army

216 S. Commercial St., Centralia, IL 62801
Phone: 618-532-5942
Hours: 9-12 T

CHAMPAIGN

Goodwill

912 West Anthony Dr., Champaign, IL 61821
PH: 217-280-1870

The Salvation Army Church & Worship Center

502 N Prospect Ave., Champaign, IL 61820
Phone: 217-373-7832

The Salvation Army of Champaign County

2212 N. Market St., Champaign, IL 61822
Pone: 217-373-7825

SOCIAL SERVICES

CHAMPAIGN (cont.)

USDA Rural Development

2110 West Park Court, Ste. B, Champaign, IL 61821

Phone: 217-352-3536 Ext. 4

Services: Provides housing loans to low and modest income households who are unable to obtain credit elsewhere. Provides grants to elderly households with very low incomes to bring current homes up to minimum property standards. Repair loans for very low income households. Repair grants for very low income seniors, ages 62 and older. Residential purchases.

CHARLESTON

Central East Alcoholism and Drug Council

726 4th St., Charleston, IL 61920

Phone: 217-348-8108 (24 hours)

Services: Patient drug and alcohol treatment, DUI evaluations, family counseling, individual and group sessions.

Child Care Resources & Referral

Klehm Hall, 600 Lincoln Avenue, Charleston, IL 61920

Phone: 217-545-7439 800-545-7439

Counties Served: Clark, Coles, Cumberland, Edgar, Moultrie and Shelby

Services: Specific child care provider list, assistance available for parents, child care, providers and the community.

HOPE of East Central Illinois

1927 18th Street, Charleston, IL 61920

Phone: 217-348-5931, 217-348-8815

888-345-3990 (24 hour crisis line)

Services: Emergency shelter, counseling, adult and child advocacy, community education, housing program, including transitional housing and referrals, legal advocacy, and homeless prevention.

Wabash Valley Goodwill

562 W Lincoln Ave., Charleston, IL 61920

Phone: 217-512-2178

DECATUR

American Red Cross

2674 North Main Street, Decatur, IL 62526

Phone: 217-428-7758

Services: Blood donations, disasters, military family emergency volunteer.

Growing Strong Sexual Assault Center

270 West Prairie Ave., Decatur, IL 62523

Phone: 217-428-0770 (24 hours) Hours: 9-5 M-F

Macon County Clerk

141 South Main Street, Ste. 104, Decatur, IL 62523

Phone: 217-424-1305 Hours: 8:30-4:30 M-F

SOCIAL SERVICES

DECATUR (cont.)

Social Security Administration

606 West Pershing Road, Decatur, IL 62526

Phone: 877-619-4773 Hours: 9-4 M-F

Services: Refer disabled persons, financial assistance to special needs children through family earnings, survivor and retirement benefits, etc.

Salvation Army Social Services

137 S. Church St., Decatur, IL 62523

Phone: 217-429-8050

The Salvation Army

229 W. Main St., Decatur, IL 62523

Phone: 217-428-4681

The Salvation Army Family Store & Donation Center

2901 N Water St., Decatur, IL 62526

Phone: 800-728-7825

EFFINGHAM

Effingham Red Cross

Blood Platelet, and Plasma Donation Center

603 North Eden Avenue, Effingham, IL 62401

Phone: 800-733-2767

Hours: 11:30-7:30 T-Th 7-3 Sat.

Services: Blood donations, disasters, military family emergency volunteer.

Catholic Charities-Effingham

405 S. Henrietta, Effingham, IL 62401

Phones: 217-347-7177 Hours: 8:30-4:30 M-F

Services: Financial assistance including rent, utilities, and transient transportation. Dental Voucher Program. Help with Diabetic medications. Med Assist: Medicare D, Medicaid, emergency prescription co-pays, can work with pharmaceutical companies to reduce the price of long-term prescriptions. Tax assistance (seasonal). Pantry & mobile pantry. Second Hand Rose & Ramblin' Rose school supplies. Sex offender counseling location.

Crisis Nursery

924 North Merchant, Effingham, IL 62401

Phone: 217-342-3000

Services: Provides protection from and prevention of childhood trauma, abuse, and neglect through 24 hour emergency shelter care to children birth through 6 years of age. Operates 24 hours a day, 7 days a week, 365 days a year.

SOCIAL SERVICES

EFFINGHAM (cont.)

Effingham County Committee on Aging & Senior Center (ECCOA)

209 South Merchant, Effingham, IL 62401

Phone: 217-347-5569

Hours: 8-4 M-F

Services: Provides programs for people age 60 and over who may need help in certain areas to be able to live in their own homes. Provides a center for daily activities, planned outings, and monthly newsletter. Information & assistance to available resources. Assistance with Medicare prescription drug program and circuit breaker applications. Insurance counseling, income tax assistance and volunteer money management.

Effingham County Fish Human Services

708 South Linden, Effingham, IL 62401

Phone: 217-342-2200

Services: Recorded message will direct the caller to phone numbers for further assistance. Services include clothes closet, transportation, emergency funds for energy bills, housing, medication, food, other vital necessities, and annual Christmas store.

Goodwill Effingham IL – Land of Lincoln Goodwill Industries

1004 N. Keller Dr., Effingham, IL 62401

Phone: 217-220-6547

Griffin Therapeutic Solutions

405 South 3rd Street, Effingham, IL 62401

Phone: 217-994-9056

Hours: 8-6 M-F

Accepts Medicaid Managed Care

Heartland Human Services

1200 North Fourth Street, Effingham, IL 62401

Phone: 217-347-7179

217-342-5504 (24 hr. crisis) Contact: caregiver advisor

Services: Accepts medical card. Caregiver support services and memory assessments. Funds available for emergency situations that will help caregiver to keep the care receiver at home. Possible assistance available for medications, personal medical devices, temporary housing arrangements, home repair/modification for safety or accessibility reasons. Certain eligibility requirements exist with limits on amount of one time assistance.

One Hope United

1901 South 4th, Ste. 213, Effingham, IL 62401

Phone: 217-347-5880 217-342-6777 (crisis) Hours: 8:30-5 M-F

Services: Offers crisis intervention for runaway youth ages 11-17 or for parents in potential lockout situations to work toward family preservation through crisis intervention, individual, and family counseling. Extended family is a program that provides short-term services to link relatives.

SOCIAL SERVICES

EFFINGHAM (cont.)

Opportunities For Access

102 Greenview Dr., Effingham, IL 62401

Phone: 217-342-5521 800-810-3184 Fax: 217-342-5523

Services: Peer advisory, skills training, systems & individual advocacy, information & referral, volunteer programs, agency networking, housing referral, interpreter referral, employment preparation, pharmaceutical procurement, adaptive equipment selection, disability awareness training, community reintegration from nursing homes, youth transition and parent training programs. Americans with Disabilities Act (ADA) training ADA, Technical Assistance, ITAC center for free TTY's and amplified phones, IEPO and 504 Plans, etc.

Retired Senior Volunteer Program (RSVP)

1805 South Banker, Effingham, IL 62401

Phone: 217-342-2193 Ext. 135 Hours: 8:30-4:30 M-F

Services: Involves seniors in their communities through a broad array of activities benefiting public and non-public agencies and enriching the fabric of local and national community life.

Salvation Army

1108 South Willow Street, Effingham, IL 62401

Phone: 217-342-5434 Hours: 9-noon M, W, F

Communities Served: (serves 9 area towns)

Services: Just ask, we can help

Second Hand Rose Store

1502 East Fayette, US Route 40 East, Effingham, IL 62401

Phone: 217-857-1482 Hours: 10-4 M-F 9-1 Sat.

Second Hand Rose Store

1502 East Fayette, US Route 40 East, Effingham, IL 62401

Phone: 217-857-1482

Sexual Assault Family Emergencies (SAFE)

1901 S. 4th St., Ste 6, Effingham, IL 62401

Phone: 217-342-6623 800-625-1414 (24 hours)

Hours: 8:30-4 M-F

Counties Served: Fayette, Effingham, Clay, Bond, Clinton, Marion, Washington, Wayne, Jefferson, Hamilton & White

Services: Provides crisis counseling and advocacy for sexual assault victims and family emergencies. Also provides educational programs on bullying, good touch/bad touch, and many other prevention programs. Medical and legal advocacy and prevention education programs.

Social Security Administration

1207 Network Centre, Ste. 2, Effingham, IL 62401

www.ssa.gov

Phone: 855-213-5288

Hours: 9-4 M-F

Services: Refer disabled persons, financial assistance to special needs children through family earnings, survivor and retirement benefits, etc.

SOCIAL SERVICES

EFFINGHAM (cont.)

Stopping Women Abuse Now & Elder Abuse (SWAN)

1108 South Willow Street, Ste. 8, Effingham, IL 62401

Phone: 217-342-4526 or 888-715-6260 (24 hr. crisis line)

Hours: 8-4 M-F

Services: Services for homeless women, men, children, families and domestic violence clients and their children. Shelter, crisis line, transportation to safety, referral, advocacy and counseling. Adult protective services.

The Wellness Loft

408 South 4th Street, Effingham, IL 62401

Phone: 217-347-5118 Hours: 8:30-5 by appointment only

Services: Counseling

USDA Rural Development

2201 N. Willenborg, Ste 10, Effingham, IL 62401

Phone: 217-347-7107 Ext. 4 Hours: 8-4 M-F (closed 12-1)

Counties Served: Clark, Coles, Effingham, Fayette, Shelby, Moultrie, and Montgomery

Services: Provides housing loans to low and modest income households who are unable to obtain credit elsewhere. Provides grants to elderly households with very low incomes to bring current homes up to minimum property standards. Repair loans for very low income households. Repair grants for very low income seniors, ages 62 and older. Residential purchases.

United Way of Effingham County

1108 Willow Street, Ste. 1, Effingham, IL 62401

Phone: 217-342-3824 8-4 M-Th

FLORA

Center for Senior Renewal

817 North Stanford Rd., Flora, IL 62839

Phone: 618-662-6621 Hours: 8-4 M-F

Counties Served: Clay, Richland, Effingham, Marion, and Wayne

Services: Outpatient counseling for senior adults who are experiencing depression, grief, loss, difficulty coping with change, and anxiety. Services provided by licensed therapists under direction of psychiatrist. Sponsors grandparent raising grandchildren on 1st Thursday of the month at 3:30.

Salvation Army of Clay County

Phone: 618-662-7626

Senior Services of Clay County

832 West North Avenue, C-2, Flora, IL 62839

Phone: 618-662-7304

Services: Provides programs for people age 60 and over who may need help in certain areas to be able to live in their own homes (community care program). Information and assistance to available resources. Assistance with Medicare prescription drug program applications. Assistance with circuit breaker applications. Insurance counseling, volunteer money management and legal representative.

SOCIAL SERVICES

FLORA(cont.)

SWAN

832 W. North Ave., Suite B, Flora, IL 62839

Phone: 618-662-7300

GREENVILLE

Birth to Five Illinois Region 3

201 N Third St., Greenville, IL 62246

Phone: 309-603-1688 (office) 309-213-9888 (regional manager)

Covering: Christian, Montgomery, Bond, Fayette, and Effingham Counties

First Baptist Church (Clothing Closet)

218 E. South Ave., Greenville, IL 62246

Phone: 618-664-1062

9-12 T, 1-4 Th

Thrift Shop-Holy Family Hospital Auxiliary

700 S 4th St., Greenville, IL 62246

Phone: 618-664-2728

HILLSBORO

Crossover Ministries

202 School St., Hillsboro, IL 62049

Phone: 217-553-6322

Hours: 2-6 T-Th, 2:30-8:30 F

Services: Substance abuse supportive services, domestic violence programs, NA and ALNON

Montgomery County Division of Mental Health

11191 IL Route 185, Hillsboro, IL 62049

Phone: 217-532-2001 800-721-7734

Hours: 8-5 M 8-8 T 8-6 W 8-6 Th 8-5 F

Services: Out-patient care for adults, adolescents and children. Individual, family and group therapy with consultation to schools and agencies. Alcohol and drug out-patient counseling & DUI evaluations.

Salvation Army

237 South Main, Hillsboro, IL 62049

Phone: 217-532-5059

Hours: 9-5 M-F 9-4 Sat.

Communities Served: (serves 9 area towns)

Services: Sells used clothing, furniture and household items, emergency food pantry

Montgomery County Human Services

400 Rountree Rd, Hillsboro, IL 62049

Phone: 217-532-3957 888-642-3417

SOCIAL SERVICES

IRVING

Continuing Recovery Center (CRC)

202 Central St., Irving, IL 62051

Phone: 217-533-4441 Hotline: 866-207-7436

Services: Long term recovery home after treatment

JACKSONVILLE

Goodwill Store

1205 W. Morton Ave., Jacksonville, IL 62650

Phone: 217-280-4020

The Salvation Army Jacksonville

1124 Wall St., Jacksonville, IL 62650

Phone: 217-245-7124

USDA Rural Development

1904 West Lafayette, Ste. 1, Jacksonville, IL 62650

Phone: 217-243-1535 Ext. 4 *or* 6 Hours: 8-4:30 M-F

Services: Provides housing loans to low and modest income households who are unable to obtain credit elsewhere. Provides grants to elderly households with very low incomes to bring current homes up to minimum property standards. Repair loans for very low income households. Repair grants for very low income seniors, ages 62 and older. Residential purchases.

LITCHFIELD

Salvation Army

1A Litchfield Plaza, Litchfield, IL 62056

Phone: 217-324-7922 800-728-7825 (pick-up)

Hours: 10-8 M-Sat.

Social Security Administration

1107 West Ferdon, Litchfield, IL 62056

Phone: 877-319-3077 800-772-1213

Hours: 9-4 M-F

Services: Accepts claims, provides information, disability, retirement, survivors insurance, SSI.

Goodwill

510 N. Old Rte 66, Litchfield, IL 62056

Phone: 217-331-8444

Hours: 10-8 M-F 12-5 Sat.

Hearts United Association *(Thrift store and more)*

110 N Jackson, Litchfield, IL 62056

Phone: 217-324-2876

Hours: 10-4 M-S

St. Francis Way Clinic

805 St. Francis Way, Litchfield IL 62056

Phone: 217-250-2380

Services: Family support groups, counselor services, and substance abuse services/treatment

SOCIAL SERVICES

LOUISVILLE

Clay County Counseling Service

125 Broadway Street, Louisville, IL 62858

Phone: 618-665-4532

Clay Co. USDA Service Center – Farm Service Agency

155 Route 45 North, Louisville, IL 62858

Phone: 618-665-3341

Hours: 8-4:30 M-F

Services: Provides housing loans to low and modest income households who are unable to obtain credit elsewhere. Provides grants to elderly households with very low incomes to bring current homes up to minimum property standards. Repair loans for very low income households. Repair grants for very low income seniors, ages 62 and older. Residential purchases.

Grace & Truth Counseling

235 Chestnut St., Louisville, IL 62858

Phone: 618-665-3050

MATTOON

The Salvation Army Mattoon

1300 Richmond Ave., Mattoon, IL 61938

Phone: 217-234-3915

MOUND CITY

Farm Resource Center (FRC)

226 Main Street, Mound City IL 62963

Phone: 618-748-9617 618-748-9623 Hours: 8-4:30 M-F

Services: Stress management and education, information and referral service, community service, workshops and presentations, disaster response assistance, All Kids application agent, DCFS, adoption and guardianship.

MT. VERNON

Project Child: Child Care Resource & Referral

327 Potomac, Ste. C, Mt. Vernon, IL 62864

Phone: 618-244-2210 618-244-2210 Toll Free: 800-362-7257 Ext. 103

Hours: 8-4:30 M-Th. 8-4 F

Counties Served: Clay, Effingham, Fayette, Crawford, Edwards, Jasper, Jefferson, Laurence, Marion, Richland, Wabash, and Wayne

Services: Information choosing quality childcare, referrals to child care providers, and information on financial assistance for childcare.

MT. VERNON

Senior Protective Services (SWAN)

212 S. 9th St., Mount Vernon, IL 62864

Phone: 618-899-9110 or 618-242-3505 or 800-283-4070 (24 hours)

Services: Provide assistance for emergency home response, assistance with gaining a homecare aide, provide transportation to adult day center, Medicare prescription drug program application and circuit breaker assistance.

SOCIAL SERVICES

MT. VERNON (cont.)

Goodwill Store & Donation Center

920 S 42nd St., Mt. Vernon, IL 62864

Phone: 618-242-9582

NOKOMIS

Nokomis Christian Missions

118 S. Spruce St.

Nokomis, IL 62075

Phone: 217-563-7580

Thrift store items and other assistance as needed

Hours: 2-5 T, 2-7 W, 9-3 Th, 9-7 F, 9-3 Sat.

OLNEY

Olney Corps Family Store

302 E Main St., Olney IL 62450

Phone: 818-392-2827

State of Illinois Department of Human Services

1406 Martin Street, Olney, IL 62450

Phone: 618-392-3151

Southeastern Illinois Counseling Centers, Inc. (SICCI)

504 Micah Drive, Olney, IL 62450

Phone: 618-395-4306

618-395-5026 (*crisis line-24 hours*)

866-335-7377

Hours: 9:30-7 M 8-5:30 T-Th.

Services: Outpatient counseling services are available to assist individuals with a variety of mental, emotional, behavioral and social problems. Trained therapists work to help individuals resolve problems & improve social skills. Substance abuse programs include early intervention, outpatient counseling, intensive outpatient counseling, & case management.

Stopping Women Abuse Now & Elder Abuse (SWAN)

1114 S. West St., Olney, IL 62450

Phone: 618-392-3556 Toll Free: 888-715-6260

Services: Provided to homeless women, men, children, families and domestic violence clients, shelter, 24-hour crisis line, transportation to safety, referral, advocacy, individual & peer counseling. Permanent and residential housing, elder protection.

PANA

Community Mission

133 South Locust Street, Pana, IL 62557

Hours: 8-5 T, Th.

Services: Free clothing, houseware items, furniture and used medical equipment. Assist with financial needs as funds are available. A person can come once a month and receive five complete outfits for each person in the home. Persons experiencing fires or home damage should contact us directly for what they need.

SOCIAL SERVICES

PANA (cont.)

Office of General Assistance

Pana Township

2295 IL Route 16, Pana, IL 62557

Phone: 217-562-3989 Hours: 9-3 M-Th. (*closed 12-1*)

Services: Provisions of voucher for general assistance and food, rent subsidies, information referral.

Eligibility: Ages 18-62 disadvantaged and hardship.

SHELBYVILLE

Hour House - Central East Alcoholism and Drug Council

155 South Morgan, Shelbyville, IL 62565

Phone: 217-774-5566 (*outpatient*) 8-5 M & W

Community Services, Inc.-Shelby County

1810 West South 3rd, Shelbyville, IL 62565

Phone: 217-774-5587

Hours: 8-4:30 M-F

Services: Residential, outpatient and respite care, psychosocial rehabilitation day treatment, individual rehabilitation treatment plans, and substance abuse treatment plans.

Community Services, Inc.-Shelby County-Counseling Center

314 North Cedar, Shelbyville, IL 62565

Phone: 217-774-2113

Hours: 8-4:30 M-F

Services: Counseling for domestic violence victims, individual and family case management, and crisis plans.

DOVE Inc. Domestic Violence

Independence Road, W South 11th St, Shelbyville, IL 62565

Phone: 217-774-4888 (*24 hours*) 217-774-3121 (*business number*)

Hours: 8-4 M-F (*or by appointment*)

Services: Comprehensive assistance and support to families affected by domestic violence. Shelter for women and children, will take girls of any age and boys up to 17 yrs. old; counseling available. Bi-monthly support groups and free child care. Legal advocacy and orders of protection. Temporary hotel shelter for men.

Retired Senior Volunteer Program (RSVP)

515 N. Cedar St., Shelbyville, IL 62565

Phone: 217-342-2193 8:30-4:30 M-F

Services: Involves seniors in their communities through a broad array of activities benefiting public and non-public agencies and enriching the fabric of local and national community life.

SOCIAL SERVICES

SPRINGFIELD

Community Child Care Connection, Inc. (Child Care Resource & Referral)

2801 W. Lawrence Ave., Springfield, IL 62704

Phone: 217-525-2805 800-676-2805

Fax: 217-525-2894

Hours: 8-4 M, T, Th., F 8-2 W

Counties Served: *Christian, Logan, Macoupin, Mason, Menard, Montgomery, Morgan, Sangamon and Scott*

Services: Child care referrals, consumer education and professional assistance in evaluation child care needs, detailed information on child care options, quality child care indicators and licensing regulations, financial assistance to help pay for child care, referrals to agencies providing family social services.

Social Security Administration

3112 Constitution Drive, Springfield, IL 62704

Phone: 217-279-9504

Land of Lincoln Legal Aid

308 Adlai Stevenson Dr, Suite 202, Springfield, IL 62703

Phone: 217-529-8400 www.lollaf.org

Sojourn Shelter & Service

1800 Westchester Blvd., Springfield, IL 62704

Phone: 217-726-5100 (*business*)

217-726-5200 (*hotline*) 866-435-7438 (*24 hours*)

Free & Confidential Services: Assistance to women and children who are victims of domestic violence, including a safe place to stay. Also available are individual counseling & educational group services, community referrals & advocacy. A shelter that holds 32 women and children, & individual counseling for male victims.

The Salvation Army of Springfield

1600 E Clear Lake Ave., Springfield, IL 62703

Phone: 217-525-2196

Hours: 9-4 M-W 9-3 Th-F

The Salvation Army Family Store & Donation Center

1762 Wabash Ave., Springfield, IL

Phone: 800-728-78253

Hours: 9-8 M-Sat.

SULLIVAN

DOVE, Inc.

1102 West Jackson, #4, Sullivan, IL 61951

Phone: 217-728-9303 Crisis: 217-728-9334

TTY: 217-428-6559

Hours: 8-5 M-F

Services: Referrals. Comprehensive assistance and support to families affected by domestic violence. Shelter in Decatur for women and children, counseling available. Weekly support groups and child support group, legal advocacy and orders of protection.

SOCIAL SERVICES

SULLIVAN (cont.)

Habitat for Humanity

8 South Washington, Ste. 102, Sullivan, IL 61951

Phone: 217-728-7386 Hours: 8:30-11:30 M-F

Services: Can apply for habitat for humanity housing project.

Moultrie County Beacon

401 West Water, Sullivan, IL 61951

Phone: 217-728-7396 Ext. 234 Hours: 8:30-4:30 M-Th. 8:30-4 F

Services: Case management, work evaluation, development training, work activities, extended employment and placement for developmentally disabled persons, respite services, and residential CILLA (Community Integrated Living Arrangement).

Moultrie County Counseling Center

12 West Harrison Street, Sullivan, IL 61951

Phone: 217-728-4358 988 (*crisis*)

Fax: 217-728-2270 Hours: 8:30-5 M-F (*closed 12-1*)

Services: Provides therapeutic preventative, consultative and educational mental health services, individual counseling, children first classes, child and adolescent therapy 5 years and older.

Habitat for Humanity ReStore (Resale Store)

401 South Hamilton Street, Sullivan, IL 61951

Phone: 217-728-8700 Hours: 9-4 T-F 8-2 Sat.

Retired Senior Volunteer Program (RSVP)

114 E Harrison St., Sullivan, IL 61951

Phone: 217-728-7724 Hours: 8:30-4:30 Various days of the week

Fax: 217-728-7721

Services: Involves seniors in their communities through a broad array of activities benefiting public and non-public agencies and enriching the fabric of local and national community life.

TAYLORVILLE

Beacon Professional Counseling

303 E. Franklin St, Taylorville, IL 62568

Phone: 217-824-3435 Hours: 9-12 M 9-7 T-Th. 9-12 F

Services: Children in the middle, divorce education, anger management, counseling and family mediation and group workshops.

Christian County Development Corporation

512 West Spresser Street, Taylorville, IL 62568

Phone: 217-824-4921 Hours: 8:30-4:30 M-F

Services: Affordable housing in Taylorville, Kincaid, Edinburg and Tovey; handicap accessible housing available.

Jesus Loves You Ministries

P O Box 222, Taylorville, IL 62568

Phone: 217-827-7392

Services: Provides daytime transportation only to court dates, probation appointments, or any kind of drug treatment. Prefer a 24 hour notice for transportation.

jesuslovesu08@gmail.com

SOCIAL SERVICES

TAYLORVILLE *(cont.)*

Liberty Counseling

305 S. Webster St., Taylorville, IL 62568

Phone: 217-287-2550

Hours: 9-3 M, Th., F 9-7 T

Services: Substance abuse, counseling, DUI evaluation and classes, and early intervention.

Fee: Sliding scale, based on income.

Office of General Assistance

Taylorville Township

1620 West Spresser Street, Taylorville, IL 62568

Phone: 217-824-4816 Fax: 217-777-4816

Hours: 9-3 M, T, W, F *(closed 12-1)* 9-12 Th.

Services: Certain medical services prior to approval, vendor payments for basic needs, shelter, utilities, food and personal essentials.

Eligibility: *Adults only (ages 19-60)*, based on income.

Shadow Home

118 West Franklin Street, Taylorville, IL 62568

Phone: 217-824-2001

Services: Transitional housing for homeless women and their children. Provides job placement, shelter, food, parenting classes, assistance finding housing, GED program and Budget and Money Management counseling.

TUSCOLA

IL Dept. of Douglas County Family Community

Resource Center

207 N. Main St, Tuscola, IL 61953

Phone: 217-253-6121 DHS helpline: 800-843-6154

Hours: 8:30-5 M-F

Services: Receives applications for cash, SNAP and medical assistance by fax, mail or in person. Provide financial medical assistance, temporary assistance for needy families (TANF), food stamp program, assistance for blind, aged and disabled, and All Kids health insurance.

VANDALIA

Community Resource Center

421 West Main, Vandalia, IL 62471

Phone: 618-283-4229 618-533-1391 *(24 hours)*

Hours: 8-5 M, W, Th, F 8-8 T

Services: Provides prevention, intervention, and treatment of situations including emotional, behavioral, sexual abuse, and substance abuse. Educational programs, advocacy, support groups, 24 hour crisis line, consultation, counseling, psychiatric services, outreach and transitional living also available.

Goodwill Vandalia IL

309 Mattes Ave., Vandalia, IL 62471

Phone: 217-789-0400

Hours: 10-7 M-Sat. 10-6 Sun.

SOCIAL SERVICES

VANDALIA (cont.)

Pathways Counseling

716 County Rd 1700 N, Vandalia, IL 62471

Phone: 618-382-4164 Hours: 9-6 W, Th

Services: Depression & anxiety, marriage and couples, premarital counseling, parenting, blended families, grief and loss, divorce care, reactive attachment disorder, eating disorder, ADHD, self-harm, spiritual struggles, caregiver burnout, career concerns, stage of life concern and behavioral issues.

Fee: Sliding scale, based on income. Medical Card-No.

Major insurances taken.

Sexual Assault Family Emergencies (SAFE)

1410 Sunset Drive, Ste. G, Vandalia, IL 62471

Phone: 618-283-1414 800-625-1414

Hours: 8:30-4:30 M-F

Services: Provides crisis counseling and advocacy for sexual assault victims and family emergencies. Also provides educational programs on bullying, good touch/bad touch, and many other prevention programs. Medical and legal advocacy and prevention education programs.

Stopping Women Abuse Now & Elder Abuse (SWAN)

200 W. Johnson St., Vandalia, IL 62471

Phone: 618-283-9179 888-715-6260 (*emergency/crisis*)

Fax: 618-283-4112

Hours: 24 hours 8-4 M-F (local office)

Services: Individual counseling, group therapy, legal assistance, emergency shelter, and a crisis line for domestic violence survivors, shelter/housing assistance to the homeless, adult protective services for disabled or 60+ years, gives referrals to other organizations.

Wright Choice Counseling

1485 N Carlyle Rd., Vandalia, IL 62471

Phone: 618-699-8874

Hours: 9-3:30 M 9-5 T 8-3 W 9-3 Th 7:30-3:30 F

UNIVERSITY OF IL EXTENSION SERVICES

ARTHUR

Douglas County Extension Office

304 E Progress St., Arthur, IL 61911

Phone: 217-543-3755 Hours: 8-4:30 M-F (*closed 12-1*)

Services: Offers health nutrition and educational programs in agricultural community development, consumer and family issues, youth development. Coordination of prairie association of home and community educational units. Master gardeners, 4-H clubs and family nutrition program.

UNIVERSITY OF IL EXTENTION SERVICES

EFFINGHAM

Effingham County Extension Office

1209 Wenthe Drive, Effingham, IL 62401

Phone: 217-347-7773

Email: uie-cefJoil.edu Hours: 8-4:30 M-F

Services: Home Economics, 4-H club workshops. Education on nutrition and wellness, family life, 4-H and youth development programs.

HILLSBORO

U of I Extension Montgomery County

1 County Rd 1200 E, Hillsboro, IL 62049

Phone: 217-532-3941

Hours: 8-4:30 M-F (*closed 12-1*)

Services: Education material and 4-H clubs. Parenting information and budgeting information.

Fee: Free of charge or at a low cost

LOUISVILLE

U of I Extension Clay County

210 s. Church St., Louisville, IL 62858

Phone: 618-662-3124 Hours: 8-4:30 M-F (*closed 11:30-12:30*)

Services: Budgeting, child care development, family relations information, food nutrition, home management, canning, freezing, home health and agricultural subjects, 4-H program, horticulture program.

TAYLORVILLE

Christian County Extension Office

1120 North Webster, Taylorville, IL 62568

Phone: 217-287-7246

Hours: 8-4:30 M-F

Services: Problem solving, informal education, workshops in family life, food and nutrition, canning and freezing, health education, housing, budgeting, home equipment, clothing, and 4-H programs.

VANDALIA

Fayette County Co-op Extension

118 North 6th Street, Vandalia, IL 62471

Phone: 618-283-2753

Hours: 8-4:30 W-F (*lunch 11:30-12:30*)

Services: Provides education in the areas of nutrition, agriculture, family life community and economic development, youth and 4-H.