

May 2025 MENU

Friends Food Fellowship

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Milk, Bread, and Margarine are served with every meal. Substitutes will only be made in emergencies.	FINAL		1 Lasagna Tossed Salad w/tomatoes Broccoli Warm Apple Crisp Garlic Bread Stick	2 BBQ Riblet Au Grain Potatoes Gourmet Carrots Pears Whole Grain Bun
5 Fried Chicken Mashed Potatoes Mixed Vegetables Mandarin Oranges Whole Grain Roll	6 Broccoli Cheese Soup Crackers ½ Turkey Sandwich on Whole Grain Bread Apple Cabbage Slaw Fruit Cocktail	7 Polish Sausage Sauerkraut Mashed Potatoes Pumpkin Mousse Whole Grain Bread	8 Italian Beef on Hoagie Bun Parsley Potatoes California Blend Veggies Chilled Peaches	9 Chicken Salad w/fruit on Croissant Broccoli Cauliflower Salad Strawberries Angel Food Cake
12 Roast Beef Mashed Potatoes Green Beans Apricots Peanut Butter Cookie	13 Spaghetti w/ Meat Sauce Tossed Salad w/tomatoes 3 Bean Salad Strawberries Garlic Bread Stick	14 Biscuits & Gravy Sausage Patty Hash Brown Casserole Banana Orange Juice	15 Ham & Au gratin Potato Casserole Carrots Peas Jell-O w/ Fruit Cocktail Whole Grain Roll	16 Lemon Pepper Tilapia Garlic Mashed Potatoes Honey Glazed Carrots Tropical Fruit Cotton Pickin' Good Cake
19 Beef Pepper Steak Over Rice Stewed Tomatoes Warm Peach Crisp	20 Chicken Bearnaise Peas Mashed Potatoes w/gravy Peaches Texas Sheet Cake	21 Baked Ham Hash Brown Casserole Green Beans Banana Whole Grain Roll	22 Oven Baked Chicken Sweet Potatoes Broccoli Strawberries Angel Food Cake	23 Fish on Bun Broccoli Rice Casserole Baked Beans Orange
Closed for Memorial Day	27 Sloppy Joes on Bun Potato Wedges Calico Beans Pineapple	28 Old Fashioned Beef Stew Cottage Cheese Cole Slaw Cinnamon Applesauce Corn Muffin	29 Smothered Grilled Chicken Breast Broccoli Carrots Jell-O w/pears Garlic Bread	30 Baked Turkey Crunch Peas Tossed Salad w/tomatoes Warm Spiced Apples Whole Grain Bread

CALL THE DAY BEFORE TO RESERVE A MEAL

Suggested Donation \$4.75/Meal

Effingham 217-347-2851 Dieterich 217-925-5461 Altamont 618-483-6912

Beecher City 618-487-5401 Flora 217-994-3191 Vandalia 618-283-1040

Ramsey 217-9946189 Pana 217-562-5611 Taylorville 217-287-7268

Kincaid 217-237-4328 Teutopolis 217-994-3334