

Friends
Food
Fellowship



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December 2024 MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Chicken & Noodles Green Beans Glazed Carrots Chilled Pineapple Whole Grain Bread	3 Biscuits & Gravy Sausage Patties Hash Rounds Fresh Orange Apple Juice	4 Lasagna Tossed Salad w/tomatoes Salad Dressing Spiced Apples Black Bean Brownie Garlic Bread Stick	5 Loaded Baked Potato Soup w/bacon & Cheese Slice Crackers Broccoli Cauliflower Salad Apricots Oatmeal Cookie	6 Fried Chicken Mashed Potatoes Peas Strawberries & Bananas Whole Grain Roll
9 Country Fried Steak Mashed Potatoes & Gravy California Blend Peaches Whole Grain Bread	10 Pork Chop Baked Potato Broccoli Tropical Fruit	11 Meatloaf Baby Baker Potatoes Brussels Sprouts Mandarin Oranges Peanut Butter Cookie	12 Spaghetti w/meat sauce Tossed Salad w/tomatoes Salad Dressing Corn Hot Cherry Crisp	13 Turkey Sweet Potatoes Peas and carrots Banana Whole Grain Roll
16 Fish Sandwich on Bun Au Gratin Potatoes Baked Beans Fruit Cocktail	17 Sloppy Joes on Bun Scalloped Potatoes Calico Baked Beans Strawberries	18 Broccoli Cheese Soup Crackers ½ Turkey Sandwich on Whole Grain Bread Green Pea Salad Blushing Pears	19 Ham Mashed Potatoes & Gravy Gourmet Carrots Creamy Cole Slaw Roll Cherry Delight	20 Pork Roast Glazed Sweet Potatoes Cooked Cabbage Waldorf Salad Whole Grain Bread
23 Turkey Mashed Potatoes Brussels Sprouts Whole Grain Roll Pumpkin Mousse	24 	25 	26 Grilled Chicken Tenderloin Cheesy Rice w/broccoli Hot Stewed Tomatoes Fruit Cocktail Whole Grain Bread	27 Ham & Beans Cole Slaw Beets Peaches Corn Bread
30 Oven Baked Chicken Whipped Potatoes Mixed Vegetables Pineapple Roll	31 		FINAL	Milk, Bread, and Margarine are served with every meal. Substitutes will only be made in emergencies.

CALL THE DAY BEFORE TO RESERVE A MEAL

Suggested Donation \$4.25/Meal

Effingham 217-347-2851; Dieterich 217-925-5461; Altamont 618-483-6912; Beecher City 618-487-5401

Flora 217-994-3191 Vandalia 618-283-1040 Ramsey 618-237-0251

Pana 217-562-5611 Taylorville 217-287-7268 Kincaid 217-237-4328